



Republic of the Philippines  
Department of Education  
Cordillera Administrative Region  
**DIVISION OF TABUK CITY**  
City Hall Compound, Dagupan, Tabuk City



**DIVISION MEMORANDUM**

NO. 28, S. 2020

TO: **Public Secondary School heads**  
**School Health and Nutrition Personnel**  
**All Others Concerned**

FROM: **IRENE S. ANGWAY, PhD**  
**OIC - Schools Division Superintendent**

SUBJECT: **First AIDERS ON THE TRAINING OF ATHLETES**

DATE: **January 27, 2020**



1. Pursuant to Division Memorandum No.23,s.2020 on the conduct of concentration trainings in preparation for CARAA Meet 2020 from Jan.25- Feb.10,2020, all school Health personnel are advised to provide First aide/ medical attention to our CARAA athletes at Bulanao Central School.
2. Attached is the schedule of duties for your guidance.
3. Compensatory Overtime Credits(COC) shall be given to health personnel whose duty date falls on Saturday/ Sunday or holiday as stipulated in CSC - DBM joint circular no.2 s.2004.
4. Immediate dissemination/compliance of this memorandum is desired

/sgod/health/bbv



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SCHEDULE OF HEALTH PERSONNEL FOR THE IN HOUSE TRAINING FOR CARAA 2020

	JAN 24	JAN 25	JAN 26	JAN 27	JAN 28	JAN 29	JAN 30	JAN 31
	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURS	FRIDAY
DUTY	ARRIVAL	BENITA VELO GIGI BANNAWAG	JOCELYN DAKIWAG DONNA VALLEJO	JOCELYN DAKIWAG DONNA VALLEJO	SOCORRO MACASO SHIRLY LABAWIG	BENITA VELO GIGI BANNAWAG	JOCELYN LOMENG RACQUEL FAFAG	MICHELLE BANGANAN ESMERALDA DEPAGON
HT DUTY		SOCORRO MACASO SHIRLY LABAWIG	MICHELLE BANGANAN JOCELYN LOMENG	ESMERALDA DEPAGON RACQUEL FAFAG	MICHELLE BANGANAN ESMERALDA DEPAGON	JOCELYN DAKIWAG DONNA VALLEJO	SOCORRO MACASO SHIRLY LABAWIG	BENITA VELO GIGI BANNAWAG

	FEB 1	FEB 2	FEB 3	FEB 4	FEB 5	FEB 6	FEB 7
DUTY	JOCELYN DAKIWAG DONNA VALLEJO	JOCELYN LOMENG SOCORRO MACASO	BENITA VELO GIGI BANNAWAG	MICHELLE BANGANAN ESMERALDA DEPAGON	JOCELYN DAKIWAG DONNA VALLEJO	DONNA VALLEJO RACQUEL FAFAG	SOCORRO MACASO SHIRLY LABAWIG
HT DUTY	MICHELLE BANGANAN SHIRLY LABAWIG	RACQUEL FAFAG ESMERALDA DEPAGON	JOCELYN LOMENG RACQUEL FAFAG	JOCELYN LOMENG RACQUEL FAFAG	BENITA VELO GIGI BANNAWAG	JOCELYN DAKIWAG JOCELYN LOMENG	BENITA VELO GIGI BANNAWAG

	FEB 8	FEB 9
DUTY	SOCORRO MACASO SHIRLY LABAWIG	ALL
HT DUTY	MICHELLE BANGANAN ESMERALDA DEPAGON	

Prepared by:  
*Benita B. Veio*  
BENITA B. VEIO  
Dentist-II

Approved:  
*Sally P. Feken*  
SALLY P. FEKEN  
SGOD-Chief

Note:  
6 am- time of arrival  
6 pm- time of departure

*Please on duty  
will lead the prayer/meals  
during breakfast & dinner*