



Republic of the Philippines
Department of Education
Cordillera Administrative Region
DIVISION OF TABUK CITY
BCS Compound, Purok 2, Bulanao Norte, Tabuk City



Division Memorandum

No. **25**, 2021

To: OSDS, CID and SGOD
All School Heads
All Teaching and Non-Teaching

From: **IRENE S. ANGWAY**
OIC-Schools Division Superintendent

Date: **February 4, 2021**

Subject: **Annual Medical Examination and Online BMI of all DepEd Personnel 2021**



1. Pursuant to the DepEd Memorandum No. 22, s. 2015 entitled Annual Physical examination of DepEd Employees (Teaching and Non-Teaching Personnel), as a manifestation of concern by this office on the health status of its employees, all teaching and non-teaching personnel are required to undergo Annual Physical Examination in compliance with the CSC Circular No. 17, s. 1989.
2. Laboratories to be done are as follows:
 - ✓ Chest X-ray
 - ✓ Complete Blood Count
 - ✓ Routine Urinalysis
3. Deadline of submission of the Annual Medical Examination Form signed by any government physician or any physician of choice is on or before May 2021.
4. Moreover, to ease in the monitoring of health status of every employee, the Online BMI and Health Check which was launched last year was then maintained. Please register to the link to be provided and fill in the needed data.
5. In this time of pandemic, our general health matters most. Please observe and practice health precautionary measures all the time.
6. Immediate dissemination and compliance to this memorandum is desired.