



Republic of the Philippines
Department of Education
Cordillera Administrative Region
Schools Division of Tabuk City



Office of the Schools Division Superintendent

28 June 2021

DIVISION MEMORANDUM
No. 148 s. 2021

TO : All PSDSs
School Heads (Public Schools)
All Others Concerned

DUGONG GURO, KARUGTONG NG BUHAY MO PROGRAM

1. DepEd Tabuk City will be celebrating its 7th founding anniversary on July 5-9, 2021 with series of activities to be conducted.
2. One of the highlights of the activity is a blood letting dubbed as "Dugong Guro, Karugtong ng Buhay Mo"
3. This activity aims to:
 - a. Promote voluntary blood donation among DepEd personnel;
 - b. Increase awareness of personnel on the health benefits of donating blood and its significance to the life of others; and
 - c. Established blood bank for personnel in need of blood.
4. Schedule for the said activity will be conducted as follows:

Date	Participants	Venue
July 5, 2021(Monday)	STD 3	Balawag ES
July 6, 2021(Tuesday)	NTD 1 & NTD 2	Tabuk City CS
July 7, 2021(Wednesday)	DO Personnel, ETD 1 & STD 1	KSpEd Gym
July 8, 2021(Thursday)	ETD 2 & ETD 3	Agbannawag ES
July 9, 2021(Friday)	WTD 1 & WTD 2	Calanan ES
July 12, 2021	STD 2	Cudal NHS

5. All personnel who are 18-65y/o, atleast 110lbs or 50kgs, blood pressure between 90 to 160 systolic & 60 to 100 diastolic are highly encouraged to donate. All schools are also encouraged to send atleast 3 donors for small schools and more for bigger schools. You may also invite our stakeholders to participate in the said activity.




Address: BCS Compound, Purok 2, Bulanao Norte, Tabuk City, Kalinga
Email: tabuk.city@deped.gov.ph
Website: <https://www.depedtabukcity.com>



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6. To ensure safety of all successful blood donors, they are advised to go home and rest on official time after their donation.
7. For any queries, please contact Menchie P. Gamongan, PDO II with CP # 09971069575 or your nurse-incharge.
8. Immediate dissemination and compliance of this memorandum is desired.


IRENE S. ANGWAY PhD, CESO VI
Assistant Schools Division Superintendent
Officer-in-Charge,
Office of the Schools Division Superintendent



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