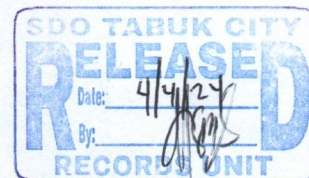




Republic of the Philippines
Department of Education
Cordillera Administrative Region
Schools Division of Tabuk City



Office of the Schools Division Superintendent

March 21, 2024

DIVISION MEMORANDUM

No. 130, 2024

TO: Assistant Schools Division Superintendent
CID/SGOD/OSDS
Public Elementary and Secondary School Heads
Teaching and Non-teaching Personnel
All Others Concerned

ANNUAL MEDICAL EXAMINATION OF DEPED PERSONNEL CY 2024

1. Pursuant to the DepEd Memorandum No. 22s 2015 entitled "Annual Physical Examination of DepEd Employees (Teaching and Non- Teaching personnel) as per RA 11223 "The Universal Health Care Act, its Implementing Rules and Regulations, and in compliance with the Civil Service Commission Memorandum Circular No. 17 s 1989, all SDO Tabuk City employees (Teaching and non-teaching personnel) are required to undergo Annual Physical examination.
2. The Physical Examination aims to ensure that all teaching and non-teaching personnel are physically fit to perform their assigned tasks and functions.
3. The annual medical and physical examination expense of teaching personnel is covered by cash allowance granted under Dep Ed Order No. 13 s 2021 entitled "Supplemental Guidelines on the Grant of Cash Allowance to Teachers".
4. The following diagnostic tests shall be required:
 - a. Chest X-ray PA view (Except for pregnant women)
 - b. Complete Blood Count
 - c. Urinalysis
6. For personnel with existing comorbid conditions (e.g. hypertension, diabetes mellitus, chronic kidney diseases, etc.) additional laboratory tests may be required by the Medical Officer or their attending physician as deemed necessary.
8. Teaching and Non-Teaching Annual Health Examination and Form 86 certification may be conducted by any of the following:
 - a) Any government-based physician.
 - b) Any private medical practitioner on personnel's preference.
7. Further, all personnel shall enroll to PhilHealth's Konsulta Package and make necessary arrangements with the nearest Konsulta Package providers in their respective place of work or residence, to avail of the free health services. (Please see attached schedule and venues.)



Address: Bulanao Central School Cmpd., Purok 2, Bulanao Norte, Tabuk City, Kalinga
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DepEd Tayo Tabuk City




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8. For School personnel, all Form 86 with attached diagnostic and laboratory results should be submitted to your respective school nurse for consolidation. Division office personnel should submit their form 86 to the nurse on duty at the Bulanao Central School clinic on or before May 31, 2024.

9. Immediate dissemination and compliance of this memorandum is required.

BENEDICTA B. GAMATERO PhD, CESO V
Schools Division Superintendent 



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