

Republic of the Philippines
Department of Education
 Cordillera Administrative Region
Schools Division of Tabuk City



Office of the Schools Division Superintendent

January 27, 2025

DIVISION MEMORANDUM
 NO. 46 S., 2025

**CONDUCT OF DIVISION TRAINING FOR SPORTS CLUB FACILITATORS
 ON THE TEACHING OF SPORTS SPECIFIC SKILLS**

TO: **PUBLIC SCHOOLS DISTRICT SUPERVISOR
 PUBLIC AND PRIVATE ELEMENTARY AND SECONDARY
 SCHOOL HEADS
 ALL OTHERS CONCERNED**

1. Please be informed that the Schools Division of Tabuk City through the School Governance and Operations Division will conduct a Training of Sports Club Facilitators on the Teaching of Sports Specific Skills on January 30-31, 2025. The activity will start at 8:00 AM-5:00 PM at Las Vegas Hotel and Restaurant, Dagupan Weste, Tabuk City, Kalinga.
2. The activity aims to equip participants with the necessary skills and knowledge for effective sports management and to highlight the role of sports in learner development.
3. The participants to this are the following:
 - a. 12 Division Sports Facilitators of the Sports Specific Skills
 - b. Two (2) facilitators to be designated by the PSDS for Arnis, Dance Sport, Pencak Silat, Table Tennis, Sepak TakrAw and Wushu for a total of One Hundred Twenty (120) from acroos the ten Districts.
4. Below are the details of the training:

SPORTS COVERED	●Arnis, Dancesport, Pencak Silat, Table tennis, Sepak takraw and Wushu
PARTICIPANTS	●Two teachers to be assigned by their District Sports Focal/PSDS (per Sports) who possess knowledge of their chosen sport. Preferably MAPEH Teacher, former student athlete, or with experience/ engagement in sports activities. ● Shall bring/wear appropriate/comfortable and easy-to-move-in clothing.





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

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EQUIPMENT REQUIREMENTS:	
Arnis	Bring your own Arnis Stick
Table Tennis	Bring one paddle and one ball
Sepaktakraw	Bring Sepak Takraw ball each
Dance sport	Bring dance shoes, if available

5. Relative to the conduct of the activity, there shall be a face to face planning meeting of the technical working group and Resource Speakers on January 28, 2025 from 2 pm onwards at the Las Vegas Hotel and Restaurant, Dagupan Weste, Tabuk City.
6. Teacher participants shall leave class activities to ensure that learners remain productive and safe under the supervision of the school head.
7. Attached in this memo are the following enclosures:

Enclosure # 1: List of Participants: Division Training for Sports Club Facilitators on the Teaching of Sports Specific Skills

Enclosure # 2: Program of activities for the Division Training for Sports Club Facilitators on the Teaching of Sports Specific Skills.
8. For inquiries and clarifications, please contact Mr. Federico C. Flores, Jr., SGOD-EPS at federico.flores004@deped.gov.ph or 09056091037.
9. Immediate and widest dissemination of this Memorandum is desired.


BENEDICTA B. GAMATERO PhD, CESO V
Schools Division Superintendent 

*Enclosure: As Stated
SGOD/fcf: Division Training for Sports Club Facilitators on the Teaching
Sports Specific Skills*



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Enclosure # 1

List of Participants: Division Training for Sports Club Facilitators on the Teaching Sports Specific Skills

NO.	NAME	DISTRICT	SCHOOL	EVENT
1	ANGELICA MAGAWAY	Secondary (WTD1)	Tuga NHS	ARNIS
2	JAYSON BANGGUIYAC	Secondary (WTD2)	Naneng NHS	
3	CLAYMAR SANTOS	Elementary (WTD1)	CABARITAN ES	
4	FLORIAN LICUDINE	Elementary (WTD2)	NAMBUCAYAN ES	
5	RIENAROSE B. MENOR	Secondary (WTD1)	Bado Dangwa NHS	TABLE TENNIS
6	ROWENA WASSIG	Secondary (WTD2)	Nambucayan NHS	
7	GERALDINE B. OLLIBAC	Elementary (WTD1)	Toppan IS	
8	HAZEL B. MANGLIWAN	Elementary (WTD2)	Bullaguian Elementary School	
9	MARY JOY LIWAG	Secondary (WTD1)	Bado Dangwa NHS	SEPAK TAKRAW
10	JOSE TABBANG	Secondary (WTD2)	Bantay NHS	
11	JULIE P. BOGABIL	Elementary (WTD1)	Calanan Elementary School	
12	GENEVIVE R. FULGENCIO	Elementary (WTD2)	Lucog Elementary School	
13	MELCHOR L. GALLEMA	Secondary (WTD1)	Toppan IS	DANCE SPORT
14	ARMAN GASTON	Secondary (WTD2)	Nambucayan NHS	
15	VERLY M. PENERA	Elementary (WTD1)	New Tanglag Elementary School	
16	REVELYN VELASCO	Elementary (WTD2)	Gaogao Elementary School	
17	LEO A. DOGUI-IS	Secondary (WTD1)	New Tanglag NHS	WUSHU
18	ANABEL L. BARILA	Secondary (WTD2)	Dupag NHS	
19	MICHAEL NAAGAS	Secondary (WTD1)	New Tanglag NHS	PENCAK SILAT



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20	WILLIAM WAYAWAY	Secondary (WTD2)	Dupag NHS	
21	DHEA TOLENTINO	STD 1	KNHS	ARNIS
22	RACHELLE FAVILA	STD 1	KNHS	TABLE TENNIS
23	JORDAN ARCE	STD 1	KNHS	DANCE SPORTS
24	ETHERLIZA BAGUIYON	STD 1	KNHS	WUSHU
25	RONALD GALANO	STD 1	KNHS	PENCAK SILAT
26	Cory Magsilao	STD 1	STIS	PENCAK SILAT
27	Von Jamester Palangdao	STD 1	ST. WILLIAMS ACADEMY	WUSHU
28	JOVELYN BUMMOSAO	ETD 2	BULO EAST ES	ARNIS
29	GERALDINE BAYOG	ETD 2	LACNOG IS	DANCE SPORT
30	HAZEL ANDOMANG	ETD 2	MADOPDOP ES	TABLE TENNIS
31	DILISINIA TURALES	ETD 2	BULO NHS	TABLE TENNIS
32	MARK HAREL BANGANGAYON	ETD 2	BULO NHS	SEPAK TAKRAW
33	JUDE APLDOD	ETD 2	SAN PABLO IS	WUSHU
34	RAQUEL AGUSTIN	ETD 3	AGBANNAWAG CS	ARNIS
35	JANNALYN BALAY	ETD 3	AGBANNAWAG CS	TABLE TENNIS
36	GEA LONGAN	ETD 3	AGBANNAWAG CS	SEPAK TAKRAW
37	PRIME FAITH COMDANG	ETD 3	AGBANNAWAG CS	DANCE SPORT
38	RHYZEL DUNGGAY	ETD 3	AGBANNAWAG NHS	ARNIS
39	JIVELYN DALIMAG	ETD 3	EKNHS	TABLE TENNIS
40	JAMAILA CAWILAN	ETD 3	AGBANNAWAG NHS	PENCAK SILAT
41	AGUSTINA BAGLAO	ETD 3	EKNHS	PENCAK SILAT
42	JOHNSON PATARAY	ETD 3	AGBANNAWAG NHS	SEPAK TAKRAW
43	JOHNNY BAYDON	ETD 3	AGBANNAWAG NHS	WUSHU
44	JESREL PEREZ	ETD 3	AGBANNAWAG NHS	DANCE SPORT
45	LOUVIE FERRIS TANGBAWAN	NTD 2	DILAG IS	SEPAK TAKRAW



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46	HENZEL WANAWAN	NTD 2	BALONG NHS	SEPAK TAKRAW
47	SHEENA RINGOR	NTD 2	CABARUAN ES	SEPAK TAKRAW
48	CAREL DUNGDUNGAN	NTD 2	BAYABAT ES	TABLE TENNIS
49	CHANRIZ EMMANG	NTD 2	CABARUAN ES	TABLE TENNIS
50	MARIDEL WASSIG	NTD 2	BAYABAT ES	PENCAK SILAT
51	KRYSTAL MAE MANZANILLO	NTD 2	GRADUAL ES	PENCAK SILAT
52	JERALY LICUDO	NTD 2	LAYA IS	ARNIS
53	BERNADETTE BLANZA	NTD 2	BALONG CS	ARNIS
54	JANICE GUMANGAN	NTD 2	CABARUAN ES	DANCE SPORT
55	LINO ANTHONY BANATAO	NTD 2	BALONG NHS	DANCE SPORT
56	JULIUS GAL	NTD 2	DILAG IS	WUSHU
57	MARISA AOWAT	STD 3	MALIN-AWA ES	ARNIS
58	BLESS PAGTAN	STD 3	AMLAO IS	
59	LENNY JANE MACAIBA	STD 3	BINONGSAY ES	TABLE TENNIS
60	CARMELITA BOGGA	STD 3	MALIN-AWA ES	
61	RACHELLE BANGGAWAN	STD 3	AMLAO IS	SEPAK TAKRAW
62	JOSEFA PAGTAN	STD 3	BINONGSAY ES	
63	ABEGAIL BATAK	STD 3	BALAWAG CS	DANCE SPORT
64	ROSE CAMMAGAY	STD 3	BALAWAG NHS	DANCE SPORT
65	CECILIA PEREGRINA	STD 3	BALAWAG NHS	WUSHU
66	JAKE DALUPING	STD 3	AMLAO IS	
67	ELMER BAAWA	STD 3	BALAWAG NHS	PENCAK SILAT
68	ERNILYN ROMERO	STD 3	AMLAO IS	
69	PAUL QUINES	NTD 1	TCNHS	SEPAK TAKRAW
70	TRISHA MAY PADCAYAN	NTD 1	TCNHS	DANCE SPORT
71	MANUEL CALIZAR	NTD 1	TCCS	SEPAK TAKRAW
72	PIA LOÑEZ	NTD 1	TCNHS	DANCE SPORT
73	AUDIE PENALBER	NTD 1	TCCS	TABLE TENNIS
74	LEOPOLDO BUSTON	NTD 1	TCCS	ARNIS



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75	ZANDER BALACANG	NTD 1	CASIGAYAN ES	TABLE TENNIS
76	RICHELLE B. LINGBAWAN	STD 2	BANNENG ES	TABLE TENNIS
77	ROWENA ANN P. COMIA-AS	STD 2	MALLONG ES	DANCE SPORTS
78	BEVERLY HAZEL BARTOLOME	STD 2	CALACCAD ES	ARNIS
79	VIOLETA SAGASAG	STD 2	CUDAL CS	SEPAK TAKRAW
80	CLARIS BELGICA	STD 2	CUDAL NHS	DANCE SPORTS
81	LURICE GONZALO	STD 2	CUDAL NHS	ARNIS
82	SAMUEL BULICDAY	STD 2	CUDAL NHS	PENCAK
83	EMANUEL BANAO	STD 2	CUDAL NHS	WUSHU
84	MARILYN FERRER	ETD 1	MALEDDA IS	WUSHU
85	PEARL CUE	ETD 1	MALEDDA IS	DANCE
86	JOSEPHINE ATUAN	ETD 1	MALEDDA IS	PENCAK SILAT
87	CRESENCIA BASONGIT	ETD 1	MALEDDA IS	ARNIS
88	FERLYN BASUNGIT	ETD 1	MALEDDA IS	WUSHU
89	ELSIE JOY ESTINO	ETD 1	MALEDDA IS	TABLE TENNIS
90	MARYGAIL PENGAD	ETD 1	BCS	ARNIS
91	CHRITEA MYRAH GUNNABAN	ETD 1	BCS	TABLE TENNIS
92	AVELINA TOLINO	ETD 1	BCS	SEPAK TAKRAW
93	MESSALINA JOY MUNAR	ETD 1	BCS	DANCE SPORTS
94	DANMAX L. COTEZ	NTD 1	BASAO ISLA	ARNIS
95	RAUL V. DALILIS	NTD 2	BURAYUKAN ES	ARNIS
96	JAY AR DALIMAG	NTD 2	DIS	WUSHU
97	AMADO B. DANA	ETD 1	BCS	TABLE TENNIS
98	CAROLINE TORRES	ETD 1	NAINHS	DANCE SPORT
99	NAPOLEON MUKAY	ETD 2	SAN PABLO IS	PENCAK SILAT
100	LEONARDO EGALAN	ETD 2	MADOPDOP ES	SEPAK TAKRAW
101	RICKY D. SIMANGAN	ETD 3	SOTTO ES	DANCE SPORT



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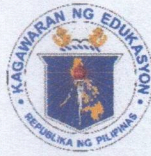
102	JOSE QUANSO	ETD 3	ENHS	SEPAK TAKRAW
103	DANILO D. DALUPING	STD 1	KNHS	TABLE TENNIS
104	MELCHOR B. LANGBISAN	STD 1	STIS	PENCAK SILAT
105	MELCHOR LAYUGAN	STD 2	CALACCAD NHS	PENCAK SILAT
106	ERNESTO CABANES JR.	STD 2	MAGABBANGON ES	DANCE SPORT
107	ROMMEL A. ALCANZARINE	STD 3	BALAWAG NHS	SEPAK TAKRAW
108	ANTONIO DAWING	STD 3	SUYANG ES	ARNIS
109	EDDIE G. RODRIGUEZ	WTD 1	BEES	SEPAK TAKRAW
110	EDGAR F. DELGADO	WTD 1	NEWTANGLAG NHS	WUSHU
111	HENER ABAD	WTD 2	PINAGAN ES	WUSHU
112	RUDY PAUL TAGUIBAO	WTD 2	GUILAYON IS	WUSHU
113	JONATHAN GARCIA	STD 2	CALACCAD NHS	TABLE TENNIS
114	JAYSON PANGIBITAN	STD 2	CALACCAD NHS	SEPAK TAKRAW
115	STEPHEN GEORGE GATAN	NTD 1	TCNHS	WUSHU
116	RICHARD LAYUGAN	NTD 1	TCNHS	
117	CHESTER BAWAGAN	NTD 1	TCNHS	PENCAK SILAT
118				
119	RANDEL ESPANTO	NTD 1	TCNHS	
120	INGRID YA0	NTD 1	TCNHS	ARNIS
121	ELEMER DULAY	NTD 1	TCNHS	RESOURCE SPEAKER
122	JOY GRACE DIAZ	ETD 3	ANHS	RESOURCE SPEAKER
*	MARK MALAMNAO	WTD 1	MASABLANG ES	RESOURCE SPEAKER
123	LORENZO COSIDON	STD 1	KNHS	RESOURCE SPEAKER
*	EDDIE G. RODRIGUEZ	STD 1	BEES	RESOURCE SPEAKER
*	FERDINAND A. MALAGYAB	NTD 2	SDO	RESOURCE SPEAKER
124	CESAR RANJO	ETD 1	BCS	RESOURCE SPEAKER
125	HONEE LEE JURADO	NTD 1	TCNHS	RESOURCE SPEAKER



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126	JAYSON ADUCA	ETD 2	BULO WEST	RESOURCE SPEAKER
127	KELVIN KURT CALIPAY	STD 1	KNHS	RESOURCE SPEAKER
128	MARIBETH FAITH REAMBILLO	STD 1	KNHS	RESOURCE SPEAKER
129	COLLIN EARL BULLONGAN	STD 1	KNHS	RESOURCE SPEAKER
130	VINCENT MARTINEZ	SDO	SGOD	SMME/TWG
131	KENNETH ATIWAG	SDO	SGOD	SMME/TWG
132	EFREN DANAG	SDO	SGOD	INSPECTO RATE/TWG
133	DEWAI BAGAYAO	SDO	SGOD	TWG
134	ALLAN GALANZA	SDO	SGOD	TWG
135	DAISE MAY BUCAO	SDO	SGOD	TWG
136	MENCHIE GAMONGAN	SDO	SGOD	TWG
137	FRANCES GACUYA	SDO	SGOD	TWG
138	ROMEO AGAGON	SDO	SGOD	TWG
139	MALEE KAY ALBERT	SDO	SGOD	MEDICS
140	CLAIRE ROSE DAMIAN	SDO	SGOD	MEDICS
141	RODOLFO NIONES	SDO	SGOD	MEDICS
142	FEDERICO C. FLORES, JR	SDO	SGOD	PROPONENT
143	SALLY P. FEKEN	SDO	SGOD	CONSULTANT



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ENCLOSURE # 2

TITLE: PROGRAM OF ACTIVITIES FOR THE DIVISION TRAINING OF SPORTS CLUB FACILITATORS ON THE TEACHING OF SPORTS SPECIFIC SKILLS

DAY 1	DAY 2
Preliminaries ●National Anthem ●Prayer ●Roll Call ●Welcome Remarks ●Statement of Purpose ●Message ●Flow of the Activity	Continuation of Lecture and Practicum
●Presentation of Comprehensive School Sports Program	
●Presentation of School Sports Club	
LUNCH	LUNCH
Breakout Session Orientation on the background, content of the lecture, and schedule of activities	Continuation of Lecture and Practicum
Lecture and Practicum Arnis Dance Sport Pencak Silat Sepak Takraw Table Tennis Wushu	Closing Ceremony Home Sweet Home