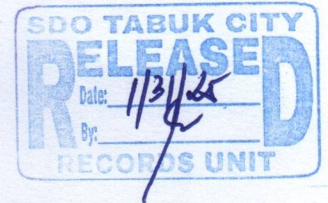




Republic of the Philippines
Department of Education
 CORDILLERA ADMINISTRATIVE REGION
Schools Division of Tabuk City



Office of the Schools Division Superintendent

January 31, 2025

DIVISION MEMORANDUM

No: 57 -2025

SCHOOL HEALTH PERSONNEL SCHEDULES FOR THE IN-HOUSE TRAINING OF ATHLETES AND COACHES FOR THE CARAA 2025

TO:

PUBLIC SCHOOLS DISTRICT SUPERVISOR
 PUBLIC AND PRIVATE ELEMENETARY AND SECONDARY
 ALL COACHES
 ALL OTHERS CONCERNED

- In preparation for the CARAA 2025, the athletes and coaches will be conducting concentration trainings from February 1-19, 2025 on the specified playing and billeting venues. With this, the School Health and Nutrition Unit of the School Governance and Operations Divisions are required to augment their services on the billeting and training venues all over Tabuk City.
- Schedules and Personnel In-Charge are as follows:

Villa Rosalina Resort				
	February 1, 2025	February 2, 2025	February 3, 2025	February 4, 2025
8:00AM – 5:00PM	Russelle Ngao-i Kathleen Tagubat	Esmeralda Depagon Gigi Banawag	CDRRM	CDRRM
5:00PM – 8:00AM	Esmeralda Depagon Janice Mangaoang	Jeth Oggang Russelle Ngao-i	Jocelyn Lomeng Claire Damian	Shirly Labawig Jane Banganan
	February 5, 2025	February 6, 2025	February 7, 2025	February 8, 2025
8:00AM – 5:00PM	CDRRM	CDRRM	CDRRM	Esmeralda Depagon Gigi Banawag
5:00PM – 8:00AM	Claire Damian Donna Vallejo	Jeth Oggang	Esmeralda Depagon Janice Mangaoang	Shirly Labawig Jane Banganan
	February 9, 2025	February 10, 2025	February 11, 2025	February 12, 2025
8:00AM – 5:00PM	Shirley Sarmiento Kathleen Tagubat	CDRRM	CDRRM	CDRRM
5:00PM – 8:00AM	Malee Albert Russelle Ngao-i	Janice Mangaoang Claire Damian	Jeth Oggang Esmeralda Depagon	Donna Vallejo Jocelyn Lomeng
	February 13, 2025	February 14, 2025	February 15, 2025	February 16, 2025
8:00AM – 5:00PM	CDRRM	CDRRM	Jocelyn Lomeng Esmeralda Depagon	Malee Albert Gigi Banawag



Address: Bulanao Central School Cmpd., Purok 2, Bulanao Norte, Tabuk City, Kalinga

Email: tabuk.city@deped.gov.ph

Website: <https://www.depedtabukcity.com>

DepEd Tayo Tabuk City



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5:00PM – 8:00AM	Malee Albert Shirley Sarmiento	Esmeralda Depagon Donna Vallejo	Shirly Labawig Jane Banganan	Jeth Oggang Russelle Ngao-i
	February 17, 2025	February 18, 2025	February 19, 2025	
8:00AM – 5:00PM	CDRRM	CDRRM	CDRRM	
5:00PM – 8:00AM	Jocelyn Lomeng Malee Albert	Russelle Ngao-i Shirley Sarmiento		

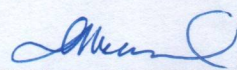
Tabuk City Central School

	February 10, 2025	February 11, 2025	February 12, 2025	February 13, 2025	February 14, 2025
8:00AM – 5:00PM	Kathleen Tagubat Gigi Banawag	Kathleen Tagubat Gigi Banawag	Kathleen Tagubat Gigi Banawag	Kathleen Tagubat Gigi Banawag	Kathleen Tagubat Gigi Banawag
5:00PM – 8:00AM	Rodolfo Niones	Rodolfo Niones	Rodolfo Niones	Rodolfo Niones	Rodolfo Niones
	February 15, 2025	February 16, 2025	February 17, 2025	February 18, 2025	February 19, 2025
8:00AM – 5:00PM	Kathleen Tagubat Gigi Banawag	Kathleen Tagubat Gigi Banawag	Kathleen Tagubat Gigi Banawag	Kathleen Tagubat Gigi Banawag	Kathleen Tagubat Gigi Banawag
5:00PM – 8:00AM	Rodolfo Niones	Rodolfo Niones	Rodolfo Niones	Rodolfo Niones	

Agbannawag NHS

February 1-19, 2025	Racquel Fafag / Jeth Oggang
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- For any queries regarding the said schedule, please contact Dr. Jeth Renz L. Oggang through FB messenger or CP # 09281949652.
- For dissemination, information, and strict compliance.



BENEDICTA B. GAMATERO PhD, CESO V
 Schools Division Superintendent
 1/31/2025



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Email: tabuk.city@deped.gov.ph

Website: <https://www.depedtabukcity.com>

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