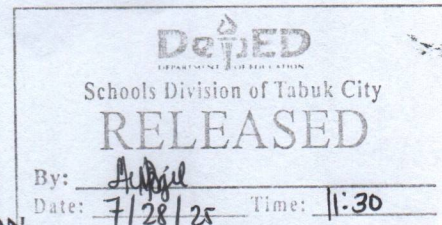




Republic of the Philippines
Department of Education
CORDILLERA ADMINISTRATIVE REGION
Schools Division of Tabuk City



Office of the Schools Division Superintendent

July 28, 2025

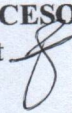
DIVISION MEMORANDUM
NO: 308 -2025

OPLAN KALUSUGAN SA DepED (OKD)

TO:

SGOD Chief
CID Chief
All SCHOOL HEADS
All Others Concerned

1. In compliance with the DepEd Order No. 028, s. 2018, Guidelines On Oplan Kalusugan Sa Department Of Education which specifically aims, among others, to have efficient implementation of school-based health and nutrition programs and services with guidance of the six flagship programs, the School-Based Feeding Program (SBFP), National Drug Education Program (NDEP), Adolescent Reproductive Health Education (ARH), Water, Sanitation and Hygiene (WASH) in Schools (WinS), Mental Health Awareness Program, and the Medical, Nursing and Dental Service of Oplan Kalusugan sa DepEd (OK sa DepED or OKD).
2. All Schools are required to accomplish the following:
 - Provide an action plan of OKD for year 2025-2026 following the template that can be accessed thru this link <https://tinyurl.com/OKD-action-plan-tempate-25-26> , and to be submitted to the District Nurse In-Charge on or before August 29, 2025.
 - Submit OKD Terminal Report based on approved OKD Action Plan on or before March 30, 2026.
3. For the information and compliance of all concerned.


BENEDICTA B. GAMATERO PhD, CESO V
Schools Division Superintendent 



Address: Bulanao Central School Cmpd., Purok 2, Bulanao Norte, Tabuk City, Kalinga
Email: tabuk.city@deped.gov.ph
Website: <https://www.depedtabukcity.com>

 DepEd Tayo Tabuk City



Republic of the Philippines
Department of Education
Cordillera Administrative Region
SCHOOLS DIVISION OFFICE OF TABUK CITY

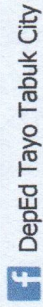
OPLAN KALUSUGAN SA DEPED (OKD) PLAN
School Year 2025-2026

Name of School:	Name of School Head:
District:	Position:

OKD Programs	Rationale and Objectives	Performance Indicators	Activities	Financial Target	Date of Implementation	Remarks
School-based Feeding Program		(no. of school beneficiaries)				
Adolescent Reproductive Health		(no. of learners who attended symposiums)				
Mental Health		(no. of learners who attended symposiums)				



Address: Bulanao Central School Cmpd., Purok 2, Bulanao Norte, Tabuk City, Kalinga
Email: tabuk.city@deped.gov.ph
Website: <https://www.depedtabukcity.com>



DepEd Tayo Tabuk City

Medical, Dental and Nursing Services		(no. of learners assessed)					
National Drug Education Program		(no. of learners who attended symposiums)					
Water, Sanitation and Hygiene in Schools		(School WinS star Level)					

Prepared by:

Name of School Head

Date

Reviewed:

SALLY P. FEKEN
CES-SGOD

Date

Recommending Approval:

IAN NOWEL E. PEÑA
Assistant Schools Division Superintendent

Date

Approved:

BENEDICTA B. GAMATERO PhD, CESO V
Schools Division Superintendent

Date