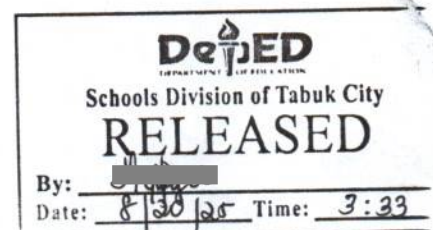




Republic of the Philippines
Department of Education
Cordillera Administrative Region
Schools Division of Tabuk City



Office of the Schools Division Superintendent

20 AUGUST 2025

Division Memorandum
No. 357, s. 2025

"2025 SDO TABUK CITY LEARNERS CONVERGENCE"

To: Assistant School Division Superintendent
CID and SGOD Chief Education Supervisors
Public Schools District Supervisors
Public Elementary and Secondary School Heads
Student Government Organization Advisers (SSLG, SELG, YES-0, BKD and RCY)
All others concerned

1. In line with our commitment to empowering student leaders and fostering collaboration among youth organizations, the Schools Division of Tabuk City Through the School Governance and Operations Division – Youth Formation, will conduct the 202 S5DO Tabuk City Learners Convergence with a theme: **"Kabataan Handa sa Hamon ng Kinabukasan: Leadership, Health Awareness, and Life Saving Skills"** on August 25, 26 & 30, 2025 at Kagitigan Conference Hall and SDO Tabuk City Multi-Purpose GYM, Bulanao Norte, Tabuk City, Kalinga.
2. This activity aims to Enhance the leadership skills and values of learners and to promote awareness on adolescent health, HIV, and substance abuse prevention; Equip learners with psychological first aid and life-saving skills; and Strengthen collaboration among various youth organizations in schools that provides them with unique opportunity to gain insights from esteemed speakers and engaging activities and to enrich their learning experience through interactive activities that will hone them to become effective leaders in their respective schools and communities.
3. Relative to this, Attached are Enclosure 1, 2 and 3
Enclosure 1: List of Identified Participants
Enclosure 2: Program Matrix
Enclosure 3: Parent's Consent Form
4. Learner who will be participating this activity are advised to bring with them their Parent's Consent and that their participation shall purely voluntary.



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5. Teaching and Non-Teaching Participants shall be granted COCs /CTOs or Service Credits subject to existing DepEd and CSC rules and regulations in lieu of August 25, 2025 as Holiday and August 30, 2025, Saturday pursuant to DepEd Order No. 53 s. 2003 and DO 30 s. 2016 – Policies and Guidelines on Overtime Services and Payment in the Department of Education and CSC & DBM Joint Circular No. 2 s. 2004 on Non-monetary Remuneration for Overtime Services Rendered.
6. For further information, question, or concerns, please contact SGOD-Youth Formation Coordinators, Ms. Daisy May M. Bucao, PDO I through 09366455322 or Mr. Allan R. Galanza, PDO I through 09265856670
7. Widest dissemination of this Memorandum is desired.

BENEDICTA B. GAMATERO PhD, CESO V
Schools Division Superintendent

For the authority of the
Schools Division Superintendent

JAN NOWEL E. PENA
Asst. Schools Division Superintendent



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District/School	Name	Organization & Position
ETD 1		
Maledda Integrated School	SHALANIE S. FACALI	DFSSLG Board Member
	MARC GERALD H. PANDUYOS	YES-O President
	SHADRACH Q. DUPLA	BKD President
Ipil Integrated School	FE ANN AGAID	SSLG President
	ESTELLA MARIZ MAIYAO	YES-O President
	CHARMEE AYFA	BKD President
	RICHMOON Q. OBENA	RCY Representative
Nambaran Agro-Industrial NHS	MUCKTON G. AYYANG	DFSSLG Board Member
	BRION JOE B. DAMULAN	YES-O President
	BEN A. MALANNAG	BKD President
	ALVAREZ MAYMAYA	RCY President
Bulanao Central School	AEQUEILAH ZHASMEEN P. DUGUIANG	DFSELG Auditor
	JANE JANE M. GAYUDAN	YES-O President
ETD 2		
Bulo National High School	DAVIELYN M. ABAY	DFSSLG Board Member
	IVAN CHRIS E. VERDADERO	YES-O President
	JESIREE P. DIWAG	BKD President
Lacnog Integrated School	ALUNDAY, ABEL P.	SSLG President
	PI-IW, ADRIAN JAZER A	YES-O President
	NGAYAAN, BRENT S.	BKD President
	REHANNA P. GABOL	RCY Representative
San Pablo Integrated School	SHYDELINE A. MALNAWA	DFSSLG Board Member
	KEZEAH DAE A. OPPIL	YES-O President
	DARYLL JAMES D. BASSALI	BKD President
	DENMARK G. DALIPOG	RCY Representative
Bulo East Central School	JULIANCE G. USUQUEN	DFSELG PRO
Madopdop Elementary School	DANRICH M. BALANGUI	YES-O President
ETD 3		
Agbannawag National High School	ANGELA JANE CAMMAGAY	DFSSLG Treasurer

	MAIDEN SHULAMITE L. BONGALON	YES-O President
	ZEAMIEL SOMERA	BKD President
Eastern Kalinga National High School	LIZLYN JOY F. ESTUESTA	DFSSLG Board Member
	JERALD L. DALIMAG	YES-O President
	FERLYN G. CALUB	BKD President
	CHRISTIAN L. LAYABAN	RCY President
Agbannawag Central School	JASMINE CHLOIE T. DA-O	DFSELG Vice-President
NTD 1		
Tabuk City National High School	JASPER DAVE B. CLEMENCIA	DFSSLG Secretary
	SHERRY GALONG	YES-O President
	KUWADRO UNO B. SACLAG	BKD President
Appas IS	MARVIN T. PALDENG	DFSSLG Board Member
	ASHLEY RAYNE P. GASTON	YES-O President
	STEVEN FIYAORYAO	BKD President
Tabuk City Central School	GIANNELA JULIE R. LICUDINE	DFSELG President
	JUSTEEN JEN C. CAGANDAHAN	YES-O President
NTD 2		
Dilag Integrated School	LOVELY JOY P. ALUCOD	DFSELG Board Member
	NICOLE JUSTIN FERNANDO	YES-O President
	CHRISTINE L. LAGULA	BKD President
	ROOSEVELT B. MACANAS	RCY Representative
Laya Integrated School	JIMUEL RAYE SAGUN	SSLG President
	JIMUEL AGPALO	YES-O President
	CHRISTALENE GATIN	BKD President
Balong National High School	JAJA O. BAYANGAN	SSLG President
	KAREN S. PAGUEL	YES-O President
	HANNAH RUTH S. DAWAGAN	BKD President
Balong Central School	CHARIE KHATE B. LAPANGAN	DFSELG Secretary

Gradual Discovery Elementary School	GRACELYN JOY K. BAGTANG	YES-O President
STD 1		
Kalinga National High School	ALBIE KAREL D. SAWIL	DFSSLG Vice President
	ANNELIESE SARMIENTO	YES-O President
	BEA FLORREE BANASAN	BKD President
	PHEELIP DRANCH B. VALDEZ	RCY Representative
Southern Tabuk Integrated School	BREANE S. BELINAN	SSLG President
	MIRIAM A. GANNABAN	YES-O President
	RANIE D. SANCHEZ JR.	BKD President
	HEINZLHEI KATE P. DALIENG	DFSELG PIO
Bulanao East Elementary	Zephania L. Cuta	YES-O President
STD 2		
Calaccad National High School	RHEALYN B.PANGILINAN	DFSSLG Board Member
	DENCEL MAE D.OSALLA	BKD President
	JOHN LOYD B.MERIN	YES-O President
Cudal National High School	KESHANIE B. BALINTAG	DFSSLG Auditor
	WILLY MORALES	YES-O President
	JERIC G. RIVERA	BKD President
Banneng Elementary School	VICKY D. LINGBAWAN	YES-O President
STD 3		
Amlao Integrated School	VIGI B. LABANG	SSLG President
	ZOREN K. COP-AS	YES-O President
	HARVEY L. CALUMNAG	BKD President
Paligatto Elementary School	ALDRICH D. DAWAGAN JR.	YES-O President
Balawag National High School	To be identified	
	To be identified	
	To be identified	
WTD 1		
Bado Dangwa National High School	IRISH FAITH P. BAY-AN	DFSSLG Board Member
	PRINCESS MAY A. REYES	YES-O President

	GEIDAH MAE B. DAWING	BKD President
	MAY FAITH D. LINGGAYO	RCY Representative
New Tanglag National High School	JOCEL LANZ G. LARDIZABAL	DFSSLG President
	JHAINA KATE P. LARDIZABAL	YES-O President
	JILDAN L. SERQUINA	BKD President
	LOUREN C. BANAWAG	RCY Representative
Toppan Integrated School	CRISTEL B. TUMBAGA	SSLG President
	JENILYN V. TUMBAGA	YES-O President
	ZAIRA MAE G. LABBACO	BKD President
Tuga National High School	LOVEL B. TOVERA	DFSSLG PRO (Internal)
	RHEAN GALLEMA	YES-O President
	HIROSHI ARISTON VITENO	BKD President
	KHRISTEL M. PAJAC	RCY Representative
New Tanglag Elementary School	LIEANNE T. REMORIN	YES-O President
WTD 2		
Bantay National High School	JOHNGIL FREDIE W. LUMANGLANG	DFSSLG PIO
	VINCE TAYLOR G. MANGANIP	YES-O President
	EUNICE Y. PORDAN	BKD President
Dupag National High School	KHEVIN RHAYE B. BANATAO	DFSSLG Board Member
	KARYL L. APAYAO	YES-O President
	JUNPYO B. CADATAL	BKD President
Guilayon Integrated School	KRIZALENE MADULI	SSLG President
	JM AGTUCA	BKD President
	AIRA T. SELGA	YES-O President
Nambucayan National High School	KRIZVIN FRITZ A. TUMBALI	DFSSLG
	AKIRA JHAY S. DUPLIYON	YES-O President
	RAYVEN YVA M. DURITAN	BKD President
Naneng National High School	XYRIL M. CAWAS	DFSSLG Board Member
	ADAM XIANJHEL DAWATON	BKD President
	MAUEE D. DAO-INON	YES-O President
Pinagan Elementary School	HANNELLE MAVIS S. PERALTA	DFSELG

Bado Dangwa Central School	RENJOVAL C. MASI	YES-O
TWG/FACILITATORS	ALLAN R. GALANZA	Youth Formation Coordinator
	DAISY MAY M. BUCAO	Youth Formation Coordinator
	MENCHIE P. GAMONGAN	DRRM Focal
	JESSICA POLIG	PDO I
	LENIE L. MUGAO	PDO I
	RAYMUNDA ANONGOS	PDO I
	ROMEO AGAGON	SEPS
	PHILIPPINE RED CROSS	



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Activity: **2025 SDO Tabuk City Learners Convergence**
 Theme: **“Kabataan Handa sa Hamon ng Kinabukasan: Leadership, Health Awareness, and Life Saving Skills”**

Program Matrix

	ACTIVITIES	PERSON RESPONSIBLE
Day 1 : August 25, 2025		
7:30AM-8:00 AM	REGISTRATION	PMT
8:01AM-8:30AM	Preliminaries - Nationalistic Song - Invocation	- AVP -AVP
	Roll Call	Allan R. Galanza – PDO I
	Acknowledgement of Participants	Sally P. Feken-CES SGOD
	Welcome Remarks/Message	Benedicta B. Gamatero - SDS
8:31AM-12:00PM	LEADERSHIP Session 1: Leadership Basics for Youth – Who is a Leader?	Raymunda Anongos, PDO I
10:00AM-10:15AM	Health break	
10:16AM-12:00PM	Session 2: Values-based Decision-making- Making Good Choices	
12:01PM-1:00PM	LUNCH BREAK	
1:01PM-2:30PM	History of Red Cross Session 3: Concept of a Man Session 4: Self-awareness	Philippine Red Cross – Kalinga Chapter
2:31PM-2:45PM	Health break	
2:45PM-4:30PM	Session 5: Johari Window Team Building	
4:31PM-4:00PM	Closing Prayer Synthesis	

	ACTIVITIES	PERSON RESPONSIBLE
Day 2: August 26, 2025		
7:30AM-8:00 AM	REGISTRATION/ATTENDANCE	PMT
8:01AM-8:30AM	Preliminaries - Nationalistic Song - Invocation	MOL Incharge



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	- Energizer	
8:31AM-12:00PM	HEALTH AWARENESS Session 6: Psychological First Aid	Philippine Red Cross – Kalinga Chapter
10:00AM- 10:15AM	Health break	
10:16AM- 12:00PM	Session 6: Continuation of PFA	
12:01PM-1:00PM	LUNCH BREAK	
1:01PM-2:30PM	Session 7: HIV Awareness and Substance Abuse Program (HASAP)	Philippine Red Cross – Kalinga Chapter
2:31PM-2:45PM	Health break	
2:45PM-4:30PM	Session 7: Continuation of HASAP	
4:31PM-4:00PM	Closing Prayer Synthesis	

	ACTIVITIES	PERSON RESPONSIBLE
Day 3: August 30, 2025		
7:30AM-8:00 AM	REGISTRATION/AWARENESS	PMT
8:01AM-8:30AM	Preliminaries - Nationalistic Song - Invocation - Energizer	MOL Incharge
8:31AM-12:00PM	LIFE SAVING SKILLS Session 8: Introduction to different First Aid and Basic Life Support	Philippine Red Cross – Kalinga Chapter
10:00AM- 10:15AM	Health break	
10:16AM- 12:00PM	Hands only CPR Demo and Return Demo	
12:01PM-1:00PM	LUNCH BREAK	
1:01PM-2:30PM	First Aid Bandaging Technique and Wound Management	Philippine Red Cross – Kalinga Chapter
2:31PM-2:45PM	Health break	
2:45PM-4:30PM	Continuation of return demo	
4:31PM-4:00PM	Closing Program	



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PARENT'S CONSENT FORM

As the parent/guardian of _____,
(Name of Child/Learner) (Name of School)

I hereby allow him/her to participate in:

Title of the Activity: **2025 SDO Tabuk City Learners Convergence**

Date/Time: August 25, 26 & 30, 2025

Venue: SDO Tabuk City Kagitingan Hall & Multi-Purpose Hall, Bulanao Norte, Tabuk City, Kalinga.

(Printed Name & Signature of Learner)

(Printed Name & Signature of Guardian/Parent)



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