



Republic of the Philippines
Department of Education
Cordillera Administrative Region
Schools Division of Tabuk City

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DEPARTMENT OF EDUCATION
Schools Division of Tabuk City
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Office of the Schools Division Superintendent

January 6, 2026

Division Memorandum
No. 03, s. 2026

PLANNING AND COORDINATION MEETING FOR THE 2026 CARAA MEET

To: ASDS
CID and SGOD Chiefs
Public Schools District Supervisors
Public and Private Elementary and Secondary School Heads
Coaches for CARAA 2026
All Others Concerned

1. In preparation for the fast-approaching 2026 Cordillera Administrative Region Athletic Association (CARAA) Meet, a coordination meeting shall be conducted in collaboration with the City Local Government Unit (LGU) of Tabuk. The meeting is scheduled on January 9, 2026, at 1:00 o'clock in the afternoon onwards and will be held at the Old Sangguniang Panlungsod Hall, City LGU of Tabuk.
2. The meeting aims to ensure the timely completion of preparations, validation of documents, and coordination among all stakeholders involved in the training and participation of CARAA athletes.
3. The agenda to be discussed are as follows:
 - a. **Training Preparation:** The meeting will review and finalize training venues for all sport disciplines and ensure the confirmation of schedules. It will also address the assignment of coaches, trainers, and technical officials to guarantee organized and effective in-house training sessions.
 - b. **Uniforms and Equipment:** Participants are required to bring updated records of athletes' and coaches' uniform sizes to validate availability and final submission. The meeting will also assess the inventory of sports equipment needed for training, identify any additional requirements, and discuss procurement timelines to ensure all equipment is available prior to the CARAA Meet.
 - c. **Tune-up Games and Competitions:** The meeting will establish the schedule of tune-up games and participation in invitationals. Coordination with host schools and partner institutions will also be addressed, including budgetary and logistical considerations to facilitate athletes' preparation and exposure before the regional meet.



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d. Documents and Eligibility: Orientation will be provided on CARAA-required documents for athletes and coaches. All submitted documents will be screened and validated to ensure compliance with eligibility requirements. Deficiencies will be identified, and submission deadlines will be set to complete all necessary documentation ahead of the competition.

e. Logistics and LGU Coordination: Coordination with the City LGU will be discussed to secure venue support, transportation, accommodation, medical assistance, and safety arrangements for athletes, coaches, and support staff. The meeting will also review the logistics plan to ensure smooth operations throughout training and competition.

f. Organization and Management: The meeting will confirm the creation or reaffirmation of working committees, including training, documentation, logistics, finance, medical, and security. Roles, responsibilities, and reporting mechanisms will be assigned, and timelines for deliverables will be established to ensure accountability and smooth implementation of preparations.

g. Other Matters: Any other concerns, clarifications, and updates affecting the CARAA Meet preparations will be discussed. Risk management strategies and contingency plans will be proposed to anticipate and address potential issues during training and competitions.

4. Enclosure No. 1 – List of Board of Management and Coaches.
5. Immediate dissemination and compliance to this Memorandum is desired.

BENEDICTA B. GAMATERO PhD, CESO V
Schools Division Superintendent

SGOD/fedex



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Enclosure no. 1

A. Board of Management

No.	Name	Position/Designation	School/Office
1	Benedicta B. Gamatero PhD, CESO V	Schools Division Superintendent	SDO
2	Jan Nowel E. Peña	Assistant Schools Division Superintendent	SDO
3	Sally P. Feken	CES-SGOD	SDO
4	Ramonchito A. Soriano	CES-CID	SDO
5	Federico C. Flores, Jr	EPS-SGOD	SDO
6	Ferdinand A. Malagyab	PSDS	SDO
7	Joselito B. Cabello	P IV	TCNHS
8	Melchor B. Langbisan	P 1	STIS
9	Edgar F. Delgado	School Head	New Tanglag NHS
10	Arjay Gullod	Screening Committee Chair	KNHS
11	Kenneth A. Atiwig	SEPS	SDO
12	Menchie P. Gamongan	PDO 2	SDO
13	Dorothy S Asingal	AO 5	SDO
14	Jeth Renz L.Oggang	Dentist II	SDO
15	Rodolfo Niones	MO III	SDO

B. Coaches

No.	FirstName	MidName	LastName	EVENT	LEVEL	SchoolName
1	RACHELLE	D.	BUSLIG	TENNIS	ELEMENTARY	LAYA INTEGRATED SCHOOL
2	JERALLY	B.	LICUDO	TENNIS	ELEMENTARY	LAYA INTEGRATED SCHOOL
3	JENNY VI	B.	ALVAREZ	CHESS	ELEMENTARY	TABUK CITY CENTRAL SCHOOL
4	MARINA	T	ANUNGOS	CHESS	ELEMENTARY	
5	GRETCHEN	B	DANGWILIS	TABLE TENNIS	ELEMENTARY	BULLAGUIAN ELEMENTARY SCHOOL
6	ZANDER	W.	BALACANG	TABLE TENNIS	ELEMENTARY	CASIGAYAN ELEMENTARY SCHOOL
7	GRETCHEN	B.	DANGWILIS	TABLE TENNIS	ELEMENTARY	BULLAGUIAN ELEMENTARY SCHOOL
8	JENNY CLAIRE	B.	PECUA	SEPAK TAKRAW	ELEMENTARY	CASIGAYAN ELEMENTARY SCHOOL
9	LAILANIE	S	MALTO	DANCESPORTS	ELEMENTARY	NEW TANGLAG ELEMENTARY SCHOOL



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10	REALOU	C.	WAGSINGAN	DANCESPORTS	ELEMENTARY	NEW TANGLAG ELEMENTARY SCHOOL
11	MAE	S	BACACAO	ARNIS	ELEMENTARY	CALLAGDAO ELEMENTARY SCHOOL
12	CHRISTIAN RALPH	B	PACAS	ARNIS	ELEMENTARY	SOUTHERN TABUK INTEGRATED SCHOOL
13	ROSE EILEEN	U	BULWAYAN	ARNIS	ELEMENTARY	SOUTHERN TABUK INTEGRATED SCHOOL
14	JASMINE JOY	D	BULAWIT	MUAY THAI	ELEMENTARY	SAINT TONIS COLLEGE, INC.
15	CHARMAGNE	B	MORES	MUAY THAI	ELEMENTARY	SOUTHERN TABUK INTEGRATED SCHOOL
16	JENEVA	D.	CADINGAN	ATHLETICS	ELEMENTARY	SOUTHERN TABUK INTEGRATED SCHOOL
17	HANELYN VANEZA	A.	KIBAYEN	ATHLETICS	ELEMENTARY	BULANAO CENTRAL SCHOOL
18	LEAH	G	MASSAGAN	ATHLETICS	ELEMENTARY	
19	SHERYL	N	BALBIN	ATHLETICS	ELEMENTARY	
20	CHERRY KATE	K.	DONG-AS	SOFTBALL	ELEMENTARY	AGBANNAWAG CENTRAL SCHOOL
21	GLAIZA JANE		LANGKIT	SOFTBALL	ELEMENTARY	AGBANNAWAG CENTRAL SCHOOL
22	CORY	B	MAGSILAO	TAEKWONDO	ELEMENTARY	SOUTHERN TABUK INTEGRATED SCHOOL
23	KRISTINE		MANANGKIL	TAEKWONDO	ELEMENTARY	ST. THERESITA'S SCHOOL - TABUK
24	DELIA	T	KINGAT	SWIMMING	ELEMENTARY	BULANAO CENTRAL SCHOOL
25	CATHERINE	C.	CECILIO	SWIMMING	ELEMENTARY	CUDAL CENTRAL SCHOOL
26	JOVELYN	C.	LAGGANG	SWIMMING	ELEMENTARY	BULANAO CENTRAL SCHOOL



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27	ADORAFE	M.	BANGIBANG	SWIMMING	ELEMENTARY	CUDAL CENTRAL SCHOOL
28	MARISSA	R	FLORES	BADMINTON	ELEMENTARY	TABUK CITY CENTRAL SCHOOL
29	COLLIN EARL	U	BULLONGAN	ARNIS	SECONDARY	KALINGA NATIONAL HIGH SCHOOL
30	JELAYCA	B	DULAY	ARNIS	SECONDARY	KALINGA NATIONAL HIGH SCHOOL
31	DAPHNE	L	TANGBAWAN	ATHLETICS	SECONDARY	TABUK CITY NATIONAL HIGH SCHOOL
32	WOWIE	G	BAGAY	ATHLETICS	SECONDARY	SAINT TONIS COLLEGE, INC.
33	CHRYSSTAL ANGELI	G	AGPAD	ATHLETICS	SECONDARY	KALINGA NATIONAL HIGH SCHOOL
34	AISAH JOAN		MANGWAG	ATHLETICS	SECONDARY	
35	ELIEZER ADONIS	B	VALDERAMA	BASKETBALL	SECONDARY	TABUK CITY NATIONAL HIGH SCHOOL
36	DANILO	D	DALUPING	BASKETBALL	SECONDARY	KALINGA NATIONAL HIGH SCHOOL
37	DANILO	D	DALUPING	BASKETBALL 3X3	SECONDARY	KALINGA NATIONAL HIGH SCHOOL
38	FROILAN	D.	TACLAWAN	BILLIARDS	SECONDARY	TABUK CITY NATIONAL HIGH SCHOOL
39	JOSELYN	G	VARGAS	BILLIARDS	SECONDARY	SAINT TONIS COLLEGE, INC.
40	JOSELYN	G	VARGAS	BILLIARDS	SECONDARY	SAINT TONIS COLLEGE, INC.
41	CHRISTOPHER ZOILO	P	ESCOBAR	BOXING	SECONDARY	KALINGA NATIONAL HIGH SCHOOL
42	JEZREEL	M	PEREZ	BOXING	SECONDARY	AGBANNAWAG NATIONAL HIGH SCHOOL
43	ROGELIO	R	BOSI	BOXING	SECONDARY	KALINGA NATIONAL HIGH SCHOOL
44	MARIA DEBORAH	G	BULAWIT	CHESS	SECONDARY	SAINT TONIS COLLEGE, INC.
45	ROSELYN	O	SOLINON	CHESS	SECONDARY	AGBANNAWAG NATIONAL HIGH SCHOOL



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46	TRISHA MAY	A	PADCAYAN	DANCESPORTS	SECONDARY	TABUK CITY NATIONAL HIGH SCHOOL
46	PRECIOUS IVY	L	LOÑEZ	DANCESPORTS	SECONDARY	TABUK CITY NATIONAL HIGH SCHOOL
47	CHESTER	D	PACAS	FUTSAL	SECONDARY	AGBANNAWAG NATIONAL HIGH SCHOOL
48	REJOICE	O	ABAGGOY	FUTSAL	SECONDARY	AGBANNAWAG NATIONAL HIGH SCHOOL
49	DONALD	B	DULAN	MUAY THAI	SECONDARY	ST. WILLIAM'S ACADEMY
50	SHERWIN	L	FERNANDEZ	PENCAK SILAT	SECONDARY	KALINGA NATIONAL HIGH SCHOOL
51	JAMAILA	F	CAWILAN	PENCAK SILAT	SECONDARY	AGBANNAWAG NATIONAL HIGH SCHOOL
52	PAUL FRANCIS	L	QUINES	SEPAK TAKRAW	SECONDARY	TABUK CITY NATIONAL HIGH SCHOOL
53	ERIC VONN	M	BANGGAWAN	SEPAK TAKRAW	SECONDARY	TABUK CITY NATIONAL HIGH SCHOOL
54	RAFAEL	P	ALCODIA	SOFTBALL	SECONDARY	AGBANNAWAG NATIONAL HIGH SCHOOL
55	FELICIANO		AGSAOAY	SOFTBALL	SECONDARY	SDO - TABUK CITY
56	ETHYLE	L	BALILING	SOFTBALL	SECONDARY	AGBANNAWAG NATIONAL HIGH SCHOOL
57	FREYA JOY ATHENA	Z	PUGAL	SWIMMING	SECONDARY	CUDAL NATIONAL HIGH SCHOOL
58	DIGNA	S	WACDAGAN	SWIMMING	SECONDARY	KALINGA NATIONAL HIGH SCHOOL
59	NORY	C.	LUMINANG	SWIMMING	SECONDARY	KALINGA NATIONAL HIGH SCHOOL
60	JAYSON	B	BANGGUIYAC	SWIMMING	SECONDARY	NANENG NATIONAL HIGH SCHOOL
61	ANDRE SHAUN XAVIER	L	BAWIT	TABLE TENNIS	SECONDARY	SAINT TONIS COLLEGE, INC.
62	LEONOR	M.	CAWAS	TABLE TENNIS	SECONDARY	ST. WILLIAM'S ACADEMY, BULANAO INC.
63	SHANNON		BANATAO	TAEKWONDO	SECONDARY	
64	BENEDICTO		CAMMA	TAEKWONDO	SECONDARY	ST. WILLIAM'S ACADEMY



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65	JESSIEBELLE		BATTA	TAEKWONDO	SECONDARY	KALINGA NATIONAL HIGH SCHOOL
66	JOHN BOY	D	LATUGAN	TAEKWONDO	SECONDARY	ST. WILLIAM'S ACADEMY
67	GUILLER	S	LUMBAG	TENNIS	SECONDARY	TABUK CITY NATIONAL HIGH SCHOOL
68	PAZ	M	CASTRO	TENNIS	SECONDARY	TABUK CITY NATIONAL HIGH SCHOOL
69	RHEDEN	L	JULIAN	TENNIS	SECONDARY	TABUK CITY NATIONAL HIGH SCHOOL
70	JAKE FLOYD	B	MORALES	WRESTLING	SECONDARY	KALINGA NATIONAL HIGH SCHOOL
71	DHEA ROSE	E	TOLENTINO	WRESTLING	SECONDARY	KALINGA NATIONAL HIGH SCHOOL
72	JOHNNY	S	BAYDON	WRESTLING	SECONDARY	AGBANNAWAG NATIONAL HIGH SCHOOL
73	ETHERLIZA	G	BAGUIYON	WUSHU	SECONDARY	KALINGA NATIONAL HIGH SCHOOL
74	MARIBETH FAITH	G	REAMBILLO	WUSHU	SECONDARY	KALINGA NATIONAL HIGH SCHOOL
75	RICHARD	G	LAYUGAN	WUSHU	SECONDARY	TABUK CITY NATIONAL HIGH SCHOOL
76	REYNANTE JR.	A	ESPENILLA	SEPAK TAKRAW	SECONDARY	TABUK CITY NATIONAL HIGH SCHOOL
77	ROBILYN	A	BANGANAN	SEPAK TAKRAW	SECONDARY	TABUK CITY NATIONAL HIGH SCHOOL
78	STEPHEN GEORGE	A	GATAN	BASEBALL	SECONDARY	TABUK CITY NATIONAL HIGH SCHOOL
79	EULA MAE	D	PATTAGUAN	BASEBALL	SECONDARY	KALINGA NATIONAL HIGH SCHOOL
80	CHESTER	G	BAWAGAN	WEIGHTLIFTING	SECONDARY	TABUK CITY NATIONAL HIGH SCHOOL
81	RHYZEL	P	DUNGGAY	WEIGHTLIFTING	SECONDARY	AGBANNAWAG NATIONAL HIGH SCHOOL
82	DAPHNY DIVINE	D	DELSON	BADMINTON	SECONDARY	TABUK CITY NATIONAL HIGH SCHOOL