



Republic of the Philippines  
Department of Education  
Cordillera Administrative Region  
**Schools Division of Tabuk City**

DepED  
DEPARTMENT OF EDUCATION  
Schools Division of Tabuk City

**RELEASED**

By: THM Date: 1 FEB 2026 Time: 4:11

**Office of the Schools Division Superintendent**

February 10, 2026

**DIVISION MEMORANDUM**

No. 13 - 2026

**SCHOOL HEALTH PERSONNEL SCHEDULE FOR THE CONCENTRATION TRAINING OF CARAA 2026 ATHLETES**

TO: School Governance and Operations Division Chief  
School Health and Nutrition Personnel  
All Others Concerned

1. In line with our commitment to the health and well-being of our athletes, school health personnel shall provide on-site medical assistance during the concentration training period.

2. The schedule is as follows:

	February 13 (Friday)		February 14 (Saturday)	
	7:30 am - 5:30 pm	5:30 - 7:30 am	7:30 am - 5:30 pm	5:30 - 7:30 am
Villa Rosalina	Albert Damian	Labawig Depagon	Mangaoang Ngao-i	Lomeng Sarmiento
TCNHS	Vallejo Ngao-i Tagubat, Depagon		Vallejo Labawig Banganan	
Agbannawag S/NHS	Fafag. Banawag		Fafag, Banawag	
Superfoot	Niones		Niones	
Kalinga Fist	Oggang		Oggang	
SDO	Lomeng, Sarmiento		Lomeng, Sarmiento	
TCCS		Niones		Niones

	February 15 (Sunday)		February 16 (Monday)		17 (Tuesday)
	7:30 am - 5:30 pm	5:30 - 7:30 am	7:30 am - 5:30 pm	5:30 - 7:30 am	7:30 am - 5:30 pm
Villa Rosalina	Albert Damian	Labawig Banganan	Tagubat Ngao-i	Damian Albert	Depagon Banganan
TCNHS	Vallejo Banganan Depagon		Vallejo Lomeng Sarmiento Damian		Vallejo Labawig Mangaoang
Agbannawag CS/NHS	Fafag Banawag		Fafag Banawag		Fafag Banawag
Superfoot	Niones		Niones		Niones
Kalinga Fist	Oggang		Oggang		Oggang
SDO	Tagubat Mangaoang		Mangaoang Albert		Ngao-I Tagubat
TCCS		Niones		Niones	

3. For the information and guidance of all concerned.

**BENEDICTA B. GAMATERO, PhD, CESO V**  
Schools Division Superintendent



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