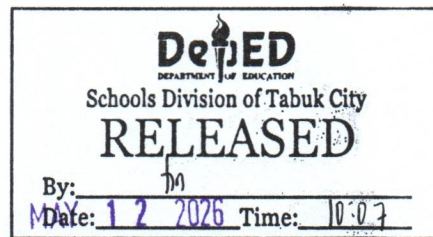




Republic of the Philippines
Department of Education
CORDILLERA ADMINISTRATIVE REGION
Schools Division of Tabuk City



Office of the Schools Division Superintendent

May 9, 2026

DIVISION MEMORANDUM
No. 206 s. 2026

**REITERATION OF THE ABSOLUTE BAN ON TOBACCO, ELECTRONIC
NICOTINE DELIVERY SYSTEMS (VAPES) AND MOMMA CHEWING IN RELATION
TO TUBERCULOSIS (TB) PREVENTION**

TO: Assistant Schools Division Superintendent
Chief Education Supervisors
Education Program Supervisors
Public Schools District Supervisors
Public Elementary and Secondary School Heads
Health Personnel
All Others Concerned

1. In reference to Regional Memorandum No. 331, s. 2026 entitled "Reiteration of the Absolute Ban on Tobacco, Electronic Nicotine Delivery Systems (Vapes), and Momma Chewing in Relation to Tuberculosis (TB) Prevention," and pursuant to DepEd Order No. 48, s. 2016 titled Policy and Guidelines on Comprehensive Tobacco Control and DepEd Memorandum No. 111, s. 2019, this Office reiterates the strict enforcement of the absolute ban on smoking, vaping, and the use of Electronic Nicotine Delivery Systems (ENDS), as well as the chewing and spitting of "Momma" (Betel Nut), within all school premises, offices and other Department of Education facilities.
2. This measure is aligned with the Department's commitment to promote a safe, healthy, and learner-friendly environment and to strengthen Tuberculosis (TB) prevention and control efforts in schools and workplaces.
3. All school personnel, learners, and stakeholders are hereby reminded that the use of tobacco products, vapes, and "Momma" poses serious health risks including the following:
 1. Nicotine and other harmful substances impair lung function and weaken the body's ability to fight infections, increasing vulnerability to respiratory illnesses such as Tuberculosis (TB);
 2. Sharing of vaping devices or "Momma" ingredients may increase the risk of transmitting communicable diseases
 3. Exposure to second-hand smoke and vapor places non-users, especially learners, at greater risk of adverse health conditions.

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4. In this regard, all School Heads and Health Personnel are directed to undertake the following:
1. Strictly enforce the absolute ban on smoking, vaping, and “Momma” chewing within school premises and ensure that no designated smoking or vaping areas are established within one hundred (100) meters from any school perimeter.
 2. Intensify advocacy and awareness campaigns on the harmful effects of tobacco, vaping, and substance use through integration in the National Drug Education Program (NDEP) school health activities and other related programs.
 3. Conduct information dissemination activities emphasizing the link between substance use and respiratory diseases, particularly Tuberculosis (TB).
 4. Provide appropriate assistance, counseling, and referral mechanisms for learners or personnel identified as users of tobacco, vape products or “Momma”.
 5. Schools are encouraged to utilize BTI-trained personnel to provide cessation support to identified personnel and learners.
 6. Ensure the installation and visibility of signages and posters prohibiting smoking, vaping, and “Momma” chewing within school premises, including notices on the prohibition of cigarette selling within 100 meters from the school, pursuant to EO 26, s. 2017 and DepEd Order No. 48, s. 2016.
5. A healthy school environment supports quality education. In this regard, all schools and offices are directed to maintain smoke-free and vape-free environments to safeguard learners and personnel from Tuberculosis (TB) and other respiratory diseases.
6. Immediate dissemination of and strict compliance with this Memorandum is directed.


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