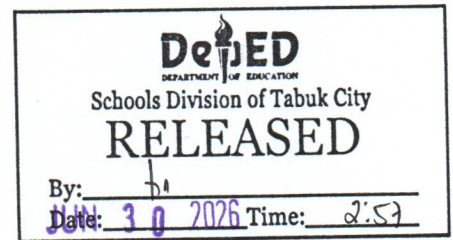




Republic of the Philippines
Department of Education
Cordillera Administrative Region
Schools Division of Tabuk City



Office of the Schools Division Superintendent

June 30, 2026

DIVISION MEMORANDUM

No. **284**, s. 2026

IMPLEMENTATION OF THE THREE-TERM ALIGNED SPORTS PROGRAM AND OBSERVANCE OF THE SCHEDULE OF SPORTS ACTIVITIES FOR SY 2026–2027

To: Assistant Schools Division Superintendent
Chief Education Supervisors of SGOD and CID
Public Schools District Supervisors
Public, Private, and SUCs Elementary and Secondary School Heads
All Others Concerned

1. Pursuant to the Schools Division Office's commitment to strengthen grass-roots sports development and ensure systematic preparation for the Cordillera Administrative Region Athletic Association (CARAA) Meet and Palarong Pambansa, this Office adopts the Three-Term Aligned Integrated Sports Implementation, Monitoring, and Evaluation Plan for School Year 2026–2027.
2. To be eligible for participation, elementary athletes must have a birthdate on or after January 1, 2014, while secondary athletes must have a birthdate on or after January 1, 2009. Athletes whose birthdates fall before the prescribed cut-off dates shall be deemed ineligible to participate at all levels of competition.
3. The schedule of sports activities is provided in **Enclosure 1**, while the sports events to be played during the Lower Meets up to the City Meet are indicated in **Enclosure 2**.
4. Monthly Performance Tracking and the submission of Monthly Performance Reports shall be conducted from June 2026 to March 2027 to monitor athletes' development, assess the effectiveness of training interventions, and generate evidence-based data for program enhancement.
5. Priority monitoring shall be given to athletes who garnered Silver and Bronze Medals during the 2026 CARAA Meet to identify performance gaps, implement appropriate interventions, and enhance their readiness to achieve Gold Medal performances in the 2027 CARAA Meet, with the names of the identified athletes listed in **Enclosure No. 3**.
6. The accomplished Monthly Performance Tracking Report shall be submitted to the School Governance and Operations Division (SGOD) every last Friday of the month for proper evaluation, continuous monitoring, and the provision of appropriate technical assistance and support interventions to further improve athletes' performance and program implementation.



Republic of the Philippines
Department of Education
Cordillera Administrative Region
Schools Division of Tabuk City

Office of the Schools Division Superintendent

7. All concerned shall ensure full participation and compliance with the activities and timelines prescribed in this Memorandum. Necessary preparations, logistical arrangements, and monitoring mechanisms shall be undertaken to ensure the successful implementation of the Division Sports Program.

8. Service credits shall be granted to teachers who serve as coaches, assistant coaches, chaperones, technical/officiating officials, or committee members during the conduct of competitions, provided that such services are rendered on Saturdays and/or declared holidays, pursuant to DepEd Order No. 53, s. 2003, *Updated Guidelines on the Grant of Vacation Service Credits to Teachers*. Likewise, non-teaching personnel who render services on Saturdays and/or declared holidays shall be entitled to earn Compensatory Time-Off (CTO), subject to existing Civil Service Commission and DepEd rules and regulations.

9. Immediate and widest dissemination of this Memorandum is desired.

for

CHRISTOPHER C. BENIGNO PhD, EdD, CESO VI
Assistant Schools Division Superintendent
OIC, Schools Division Superintendent



Republic of the Philippines
Department of Education
 Cordillera Administrative Region
Schools Division of Tabuk City

Office of the Schools Division Superintendent

Enclosure No. 1

TERM 1: FOUNDATION AND SELECTION PHASE (June – August 2026)

Activity	Schedule
School Intramurals	Every Saturday of July 2026
District Meet	August 8 and 15, 2026
Coaches Training	August 10–14, 2026
Dual/Triangular Meets	August 22 and 29, 2026

**TERM 2: DEVELOPMENT AND COMPETITIVE PREPARATION PHASE
 (September – December 2026)**

Activity	Schedule
City Athletic Meet (Division Selection)	September 16–18, 2026
Post-Competition Assessment (City Meet)	September 22, 2026
School-Based Training	September 23 – October 31, 2026
Concentration Training (CARAA Build-Up)	November 8 – December 8, 2026

**TERM 3: COMPETITIVE PEAK AND FINAL EVALUATION PHASE
 (December 2026 – April 2027 * Subject to official confirmation and final schedules from higher offices)**

Activity	Schedule
Pre-Departure Preparations	December 9, 2026
CARAA Meet Participation*	December 10–19, 2026
Post-CARAA Assessment	December 21, 2026
Concentration Training (Palarong Pambansa Build-Up)	April 5–29, 2027
Final Program Evaluation	April 30, 2027





Republic of the Philippines
Department of Education
 Cordillera Administrative Region
Schools Division of Tabuk City

Office of the Schools Division Superintendent

Palarong Pambansa 2027*

May 22–30, 2027

Enclosure No. 2

LIST OF SPORTS EVENTS TO BE PLAYED DURING 2026 CITY MEET

SECONDARY DIVISION	
1. ARCHERY	BOYS GIRLS
2. ARNIS	BOYS GIRLS
3. ATHLETICS	BOYS GIRLS
4. BADMINTON	BOYS GIRLS
5. BASEBALL	BOYS
6. BASKETBALL	BOYS
7. BILLIARD	BOYS GIRLS
8. BOXING	BOYS
9. CHESS	BOYS GIRLS
10. DANCE SPORTS	BOYS GIRLS
11. FUTSAL	GIRLS
12. SEPAK TAKRAW	BOYS
13. SOFTBALL	GIRLS
14. SWIMMING	BOYS GIRLS
15. TABLE TENNIS	BOYS GIRLS
16. TAEKWONDO	BOYS GIRLS
17. TENNIS	BOYS GIRLS
18. PENCACK SILAT	BOYS GIRLS
19. WRESTLING	BOYS GIRLS
20. WUSHU	BOYS GIRLS
21. WEIGHTLIFTING	BOYS GIRLS
22. GYMNASTICS	BOYS GIRLS

ELEMENTARY DIVISION	
1. Arnis	BOYS GIRLS
2. ATHLETICS	BOYS GIRLS GIRLS
3. CHESS	BOYS GIRLS
4. BADMINTON	BOYS GIRLS
5. DANCE SPORTS	BOYS GIRLS
6. SEPAK TAKRAW	BOYS
7. SOFTBALL	GIRLS
8. SWIMMING	BOYS GIRLS
9. TABLE TENNIS	BOYS GIRLS
10. TAEKWONDO	BOYS GIRLS
11. TENNIS	BOYS GIRLS
12. GYMNASTICS	BOYS GIRLS



Republic of the Philippines
Department of Education
 Cordillera Administrative Region
Schools Division of Tabuk City

Office of the Schools Division Superintendent

ENCLOSURE NO.3								
2026 CARAA MEDALIST-ELEMENTARY DIVISION								
No.	Award	EVENT	CATEG ORY	Last Name	First Name	M I	S E X	School Name

	GOLD	TENNIS	Double s	BANGIT	DENNIEL LE AERY	T	F	LAYA INTEGRATE D SCHOOL
1				ESCOTE	MARIELL E	G	F	LAYA INTEGRATE D SCHOOL
1	SILVER	TAEKW ONDO	Freesty le	TUDDAO	NIKOLAI	G	M	BULANAO CENTRAL SCHOOL
2	SILVER	ATHLE TICS	200 Meter Run	ALUCOD	STEPHE N JOHN		M	BADO DANGWA ES
3	SILVER	TAEKW ONDO	Player A- Freesty le	UERA	Oli Beatriz Lee	S		ST. THERESITA 'S SCHOOL
4	SILVER	TABLE TENNIS	Singles	LOAOGA N	Naomi Angelique	A	F	
	SILVER	ATHLE TICS	4 X 100 RELAY BOYS	SABOY	SKY RAINE		M	MASABLAN G ES
5				ALUCOD	STEPHE N JOHN		M	BADO DANGWA ES
				AMBATA LI	JAN JOROPH Y	T	M	SOUTHERN TABUK IS
				DAGSON	FLOREN CIO EMIL	W	M	SOUTHERN TABUK IS
1	BRONZE		Tripple Long Jump	DAGSON	FLOREN CIO EMIL	W	M	SOUTHERN TABUK IS
2	BRONZE	ATHLE TICS	4X400 relay	AWING	MIRAH	P	F	BULANAO EAST ES
				SAYAN	GRACEL	N	F	BULANAO EAST ES



Republic of the Philippines
Department of Education
 Cordillera Administrative Region
Schools Division of Tabuk City

Office of the Schools Division Superintendent

				BAKIDAN	GEIA AMBER	C	F	BULANAO EAST ES
				VALLEJO	IRISH SHANE	P	F	BULANAO CENTRAL SCHOOL
3	BRONZE	ATHLETICS	4x100 Relay girls	DAWAGAN	CHARITY	A	F	SOUTHERN TABUK IS
				SICNAWA	CHARLOTTE	O	F	SOUTHERN TABUK IS
				SAYAN	GRACEL	N	F	SOUTHERN TABUK IS
				CABIAO	KEZALIAH LOVE	O	F	LANNA ELEMENTARY SCHOOL
4	BRONZE	ATHLETICS	High Jump	DALUSON	Ryzza Mae	J.	F	AGBANNA WAG CS
5	BRONZE	ATHLETICS	Long Jump	DALUSON	Ryzza Mae	J.	F	AGBANNA WAG CS
6	BRONZE	SWIMMING	4x50 m Freestyle Relay	BITA	MITZUIE	C	F	BULANAO CENTRAL SCHOOL
				CAGANDAHAN	JUSTEEN JENROLIEJN	C	F	TABUK CITY CENTRAL SCHOOL
				DIYAWEN	FEBIE	D	F	BULO EAST CENTRAL SCHOOL
				DAWATEN	ALELEI	B	F	CUDAL CENTRAL SCHOOL
7	BRONZE	TABLE TENNIS	Singles	MALAGU EÑA	PRINCE JERROY	W	M	BULLAGUIAN ES
			Mixed Double	MALAGU EÑA	PRINCE JERROY	W	M	BULLAGUIAN ES
8	BRONZE	TABLE TENNIS	s	LOAOGAN	Naomi Angelique	A	F	
9	BRONZE		Player A	BITAO	SHARAPOVA	T	F	BULANAO CS
		TAEKWONDO	(Mixed Pair)	ANCHETA	XYRUS VHIEL	F	M	AGBANNA WAG CS



Republic of the Philippines
Department of Education
 Cordillera Administrative Region
Schools Division of Tabuk City

Office of the Schools Division Superintendent

10	BRONZE	TENNIS	Double s	CATRIZ	NOAH JAMES	B .	M	LAYA INTEGRATE D SCHOOL
				AGUSTIN	MHEL REIGN	A .	M	LAYA INTEGRATE D SCHOOL

2026 CARAA MEDALIST SECONDARY DIVISION

No.	Award	EVENT	CATEGORY	Last Name	First Name	M	I	S E X	School Name
1	GOLD	ATHLETICS	4x100 Mixed Relay	SABAWAY	Chrislyn				KALINGA NHS
				BULWAYAN	FRANCIS ANSEL	S .	M	TABUK CITY NHS	
				CARBON EL	KASHMIE R GIZELLE VYNNE	B .	F	TABUK CITY NHS	
				MOLINA	JOHN LEO	O .	M	TABUK CITY NHS	
2	GOLD	BOXING	46 kg- 48kg	DUPLI	CHRISTOPHER	D .	M	STCI	
3	GOLD	BOXING	51.1-54 kg	EDAS	RINER	P. .	M	KALINGA NHS	
4	GOLD	FUTSAL		NONOG	RHIAN EUSEBIA	G .	F	AGBANNA WAG NHS	
		FUTSAL		WACNANG	BLESSY CLAIRE	T. .	F	AGBANNA WAG NHS	
		FUTSAL		LAYAO	ELIZA TAMIJANE	T. .	F	AGBANNA WAG NHS	
		FUTSAL		TALABAN	JHELSEA EVONNE	T. .	F	AGBANNA WAG NHS	
		FUTSAL		APLOD	ABIGAIL	P. .	F	AGBANNA WAG NHS	
		FUTSAL		GOMGO M-O	JERMAINE ELAIJAH	G .	F	AGBANNA WAG NHS	
		FUTSAL		BATONG	CRISTAL	J. D	F	AGBANNA WAG NHS	
		FUTSAL		SALIDA	LAVERINE	. .	F	AGBANNA WAG NHS	
		FUTSAL		BASAWIL	SHARMAN E	G .	F	AGBANNA WAG NHS	



Republic of the Philippines
Department of Education
 Cordillera Administrative Region
Schools Division Office of Tabuk City

Office of the Schools Division Superintendent

		FUTSAL		APLOD	DENISE KYLE	P	F	AGBANNA WAG NHS
		FUTSAL		BATONG	FATIMA	D	F	AGBANNA WAG NHS
		FUTSAL		PAN-OY	FRYBELY N	B	F	AGBANNA WAG NHS
		FUTSAL		EPLOY	ANGELICA	A	F	NEW TANGLAG NHS
		FUTSAL		CASIYAR AN	GLAIZA	B	F	NEW TANGLAG NHS
		FUTSAL		KUB-AO	HARTWEL L CHARITY	G	F	NEW TANGLAG NHS
		FUTSAL		ALCODIA	RAFAMAE ROZANNE	P.	F	AGBANNA WAG NHS
5	GOLD	SOFTBALL		APLOD	JEN	D	F	AGBANNA WAG NHS
				ARGALLO N	ANGELA	M	F	AGBANNA WAG NHS
				CACATIA N	RHAIZA	W	F	AGBANNA WAG NHS
				JACOSAL EM	JANELA	B	F	AGBANNA WAG NHS
				LADAO	SHARL KYLEE	I.	F	AGBANNA WAG NHS
				MANWI- IT	RHEALYN	I.	F	AGBANNA WAG NHS
				SIAGAN	MICHELL	K	F	AGBANNA WAG NHS
				CIMATU	JENILYN	B	F	AGBANNA WAG NHS
				FONTANI LLA	ALTHEA KWINETH	D	F	AGBANNA WAG NHS
		SOFTBALL		GUMABO L	JUDHEA FAITH	B	F	AGBANNA WAG NHS
				LIGAD	ANDRIEN E	I.	F	AGBANNA WAG NHS
				SUWAN	MAJA	P.	F	AGBANNA WAG NHS
				CASWAN G	LAILA MAE	A	F	AGBANNA WAG NHS
				TAGARE	NICHOLE	H	F	AGBANNA WAG NHS



Republic of the Philippines
Department of Education

Cordillera Administrative Region
Schools Division of Tabuk City

Office of the Schools Division Superintendent

6	GOLD	PENCA K SILAT	Tanding	OLIVERO S	AJ ANGELO	S		KALINGA NHS
7	GOLD	WEIGH T LIFTING	48 kg	Bul-igen	George			Tabuk City NHS
8	GOLD	ATHLET ICS	400 Meter Run	SABAWA Y	Chrislyn			Kalinga NHS
9	GOLD	ATHLET ICS	Javeline Throw	VILLORIA	MAE	P.		ST. THERESIT A'S SCHOOL
10	GOLD	WUSHU	56 kgs	ONSAL	Mark Jabez	S	M	KALINGA NHS
11	GOLD	WUSHU	42 kgs	OLIVERO S	CHRISLER			KALINGA NHS
12	GOLD	ATHLET ICS	Long Jump	SABAWA Y	Chrislyn			Kalinga NHS
13	GOLD	TENNIS	Singles	ANDRAD E	MA. JZANICA LOREIZEL	J	F	TABUK CITY NHS
14	GOLD	TAEKW ONDO	Poomsa e- Freestyl e	ALINAO	KALEEYA H DOMINIQ UE	G .		TABUK CITY NHS
1	SILVER	CHESS	Blitz	ADORA	Ron Vincent	C		ST. TONIS COLLEGE INC.
2	SILVER	ATHLET ICS	Javeline Throw	CALUNG GAY	CYRUS	A .		BALAWAG NHS
3	SILVER	SWIMMI NG	4 X 50 FREE RELAY	ARANDA	ZYRUS	B	M	KALINGA NHS
				BARGAS	ROY CHRISTIA N	B	M	TABUK CITY NHS
				PAGOD	BRIGHT	S	M	KALINGA NHS
				SOGA- ANG	NEWTON KYLE	L	M	KALINGA NHS
4	SILVER	TAEKW ONDO	Light middle weight	BALIUAG	CYRUS JHOMER		M	KALINGA NHS
5	SILVER	TAEKW ONDO	Light middle weight	LAZARO	WENALYN	T.	F	ST. WILLIAM'S ACADEMY



Republic of the Philippines
Department of Education
 Cordillera Administrative Region
Schools Division of Tabuk City

Office of the Schools Division Superintendent

6	SILVER	TAEKWONDO	Welter	BAGAYAO	ZACHARY	B	M	ST. WILLIAM'S ACADEMY
7	SILVER	TAEKWONDO	Poomsae Individual	GUNNAWA	JIAN ACHILLES	L.		TABUK CITY NHS
8	SILVER	TAEKWONDO	Poomsae Freestyle	CARLOS	Jael Hendrix	R		Tabuk City NHS
9	SILVER	TAEKWONDO	Fin weight	BALIUAG	CYRENE JOY	D	F	KALINGA NHS
10	SILVER	TAEKWONDO	Light weight	BAYUBAY	SOPHIA EMILY	S	F	ST. WILLIAM'S ACADEMY
11	SILVER	WRESTLING	56 kgs/62 kgs	GUYANG	Emilio Jr	D		ST. TONIS COLLEGE, INC
12	SILVER	WUSHU	48 kgs	PITO	JOMIEL	D		AGBANNA WAG NHS
13	SILVER	ATHLETICS	Triple Long Jump	SABAWAY	Chrislyn			KALINGA NHS
14	SILVER	ATHLETICS	Walkaton	PITTONG	SHEENA			KALINGA NHS
15	SILVER	BADMINTON	Doubles	DAMASCO	LIAN	B	F	TABUK CITY NHS
				AGUINALDO	ANIKA HANNAH	L	F	TABUK CITY NHS
16	SILVER	WRESTLING	48kgs/54 kgs	TAGURE	Alexander Jr	B		KALINGA NHS
17	SILVER	PENCAK SILAT	45-48 kg	FAFAG	RUTH			AGBANNA WAG NHS
18	SILVER	TENNIS	Doubles	ISMAEL	Precious			TABUK CITY NHS
				GADDAWON	Zhariah			
19	SILVER	WUSHU	Group A (16-18 y/o) 48 kgs	MAGUIWAO	SHIEVA KATE	D		KALINGA NHS
1	BRONZE	ARNIZ	Full Contact	DUCLAWIT	DYESEBEL	D		KALINGA NHS



Republic of the Philippines
Department of Education
 Cordillera Administrative Region
Schools Division of Tabuk City

Office of the Schools Division Superintendent

			Bantan Wt.					
2	BRONZE	ATHLETICS	Shot Put	POMAY-O	EMJADE EMIL	Q	M	ST TONIS COL, INC.
3	BRONZE	ATHLETICS	1500 Meter Run	MACAD	CHERIF CARL	A	M	TABUK CITY NHS
4	BRONZE	ATHLETICS	Javeline Throw	BAYANGAN	JEZAREE N AZHI	P.		SAINT TONIS COL. INC.
5	BRONZE	ATHLETICS	Discuss Throw	MIRANDA	April Joy			TABUK CITY NHS
6	BRONZE	ATHLETICS	High Jump	DINULONG	Priya			ST TONIS COLLEGE INC
7	BRONZE	BILLIARDS	8 Balls	PIGAO	CHRIST JANREY	L	M	ST TONIS COL, INC.
8	BRONZE	BILLIARDS	9 balls	SORIANO	JHECY CHRIS	P.	M	ST TONIS COL, INC.
9	BRONZE	BOXING	50.1-52 kg	CARONAN	TRISTAN	G	M	TABUK CITY NHS
10	BRONZE	DANCE SPORTS	Samba	GUILLEMO ANGA-ANGAN	Lucky Will Zhandria Khindra		M	TUGA NHS/TCN HS
11	BRONZE	DANCE SPORTS	Chacha	GUILLEMO ANGA-ANGAN	Lucky Will Zhandria Khindra			TUGA NHS/TCN HS
12	BRONZE	DANCE SPORTS	Jive	GUILLEMO ANGA-ANGAN	Lucky Will Zhandria Khindra			TUGA NHS/TCN HS
13	BRONZE	DANCE SPORTS	GRADE A	GUILLEMO ANGA-ANGAN	Lucky Will Zhandria Khindra			TUGA NHS/TCN HS
14	BRONZE	PENCAK SILAT	39-42 kg	DUMAYAG	GENDEN	P		KALINGA NHS
15	BRONZE	PENCAK SILAT	48-51 kg	ASIW	WILBRIGHT RENZ	S		KALINGA NHS
16	BRONZE	PENCAK SILAT	51-54 kg	LICADANG	ALLEN JADE	F		KALINGA NHS
17	BRONZE	PENCAK SILAT	55-57 kg	BACACAO	SHAKESP EARE	S		KALINGA NHS



Republic of the Philippines
Department of Education
 Cordillera Administrative Region
Schools Division of Tabuk City

Office of the Schools Division Superintendent

18	BRONZE	PENCA K SILAT	Tunggal	OLIVERO S	AJ ANGELO	S		KALINGA NHS
19	BRONZE	SWIMMI NG	50 meter Backstr oke	GALAMT O	Daniel			KALINGA NHS
20	BRONZE	SWIMMI NG	50 meter breast stroke	BARGAS	Roy Christian	B		TABUK CITY NHS
21	BRONZE	SWIMMI NG	4x100 Meter Medly Relay	SAGA- ANG	NEWTON KYLE	B		KALINGA NHS
				BITA	ROLANDO JR.	C		
				GALAMT O	DANIEL	B		
				NGAY	SINCERE DAVE	P		
22	BRONZE	SWIMMI NG	4x50 Meter Medly Relay	ARANDA	ZYRUS	B		KALINGA NHS
				BARGAS	ROY CHRISTIA N	B		TABUK CITY NHS
				GALAMT O	DANIEL	B		KALINGA NHS
				NGAY	SINCERE DAVE	P		KALINGA NHS
23	BRONZE	TENNIS	Singles	CASTRO	Zanny	M		TABUK CITY NHS
24	BRONZE	TAEKW ONDO	Fin weight	AMANGA O	Aldrich		M	
25	BRONZE	TAEKW ONDO	Bantam wt	TULAY	HAYAH JEAN	R	F	ST. WILLIAM'S ACADEMY
26	BRONZE	TAEKW ONDO	Feather wt	TULAY	VIC	C	M	ST. WILLIAM'S ACADEMY
27	BRONZE	TAEKW ONDO	Feather wt	BAYUBA Y	JOANA ALEXIS	S	F	ST. WILLIAM'S ACADEMY
28	BRONZE	TAEKW ONDO	Light weight	FACTOR	RAEVEN WAYNE	D	M	ST. WILLIAM'S ACADEMY
29	BRONZE	WREST LING	52kgs/ 54 kgs	JACOSAL EM	Joshua	B		AGBANNA WAG NHS



Republic of the Philippines
Department of Education
 Cordillera Administrative Region
Schools Division of Tabuk City

Office of the Schools Division Superintendent

30	BRONZE	WRESTLING	52 kgs/58 kgs	SULCA	KLEIN EDWARD	B	KALINGA NNS
----	---------------	-----------	---------------------	-------	-----------------	---	----------------

PARAGAMES

No.	Award	EVENT		Last Name	First Name	M I	S E X	SCHOOL NAME
S E C	BRONZE	BOCCE	SINGLE S	Guitering	Shaina	B	F	KAL NHS
S E C	BRONZE	ATHLETICS	400 M	Dangiw	Kranjic Karen	P	F	TABUK CITY NHS
S E C	BRONZE	BOCCE	TEAM	Acgao Amano Domingo Guitering	Benjur Klieve Mikee Shaina		M	TCNHS & KNHS
S E C	BRONZE	ATHLETICS	LONG JUMP	Cusipag	Jerlyn		F	TCNHS