



Republic of the Philippines
Department of Education
Cordillera Administrative Region
Schools Division of Tabuk City



Office of the Schools Division Superintendent

Reference No.: RU-2026-005

02 September 2026

DIVISION MEMORANDUM

No. 391, s. 2026

**CONDUCT OF STRENGTHENED SENIOR HIGH SCHOOL CURRICULUM
TRAINING OF TEACHERS FOR THE CORE SUBJECTS**

TO: Public Schools District Supervisors
All Secondary School Heads
All Identified Participants
All others Concerned

1. The Schools Division of Tabuk City, through the Curriculum Implementation Division (CID), will conduct the Strengthened Senior High School Curriculum Training for Teachers in the Core Subjects on September 5, 12, and 19, 2026, at Davidson Hotel. The training shall adopt a blended modality, as follows:

- o Day 1 (September 5) – Face-to-face session at Davidson Hotel
- o Day 2 and Day 3 (September 12 and 19) – Virtual sessions

2. The training aims to equip participants with the necessary information for the full implementation of the Strengthened Senior High School Curriculum. Specifically, it seeks to:

- a. Familiarize teachers with the SSHS curriculum standards and learning competencies.
- b. Align instructional strategies, assessment practices, and performance tasks with the prescribed standards and competencies.

3. The list of participants is provided in *Enclosure 1*, while the training matrix is provided in *Enclosure 2*.

4. For the training date that falls on Saturday, participants shall be granted Vacation Service Credit (VSC) or Compensatory Time Off (CTO), as applicable, subject to existing DepEd policies.

5. Immediate dissemination of this memorandum is earnestly desired.

Digitally signed by
CHRISTOPHER C.
BENIGNO
Date: 2026.09.02
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CHRISTOPHER C. BENIGNO PhD, EdD, CESO VI
Assistant Schools Division Superintendent
Officer-in-Charge
Office of the Schools Division Superintendent



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Enclosure No. 1 to DM # 391 s. 2026

LIST OF PARTICIPANTS AND TRAINING MANAGEMENT TEAM

A. LIST OF PARTICIPANTS

NO.	NAME	SCHOOL	SUBJECTS
1	Trina Angngad	Agbannawag NHS	Effective Communication
2	Judie Mae Ayabo	Agbannawag NHS	Mabisang Komunikasyon
3	Lydia Mirabueno	Agbannawag NHS	General Mathematics
4	Winona Mae Bustillo	Agbannawag NHS	General Science
5	Brenda Pao-iton	Agbannawag NHS	General Science
6	Marna Waguiyon	Agbannawag NHS	Life & Career Skills
7	Jiji Lally Loton	Agbannawag NHS	Life & Career Skills
8	Julius Caesar Macusi	Agbannawag NHS	Pag-aaral ng Kasaysayan ng Lipunang Pilipino
9	Darell Von Sangdaan	Agbannawag NHS	Pag-aaral ng Kasaysayan ng Lipunang Pilipino
10	Wyneth Lynn B. Divina	Balong NHS	Effective Communication
11	Freddie E. Martinez	Balong NHS	Mabisang Komunikasyon
12	Skhylyn B. Nidoy	Balong NHS	General Mathematics
13	Florence Sallicop	Balong NHS	General Science
14	Henzel Wanawan	Balong NHS	Life & Career Skills
15	Jomar Agtarap	Balong NHS	Pag-aaral ng Kasaysayan ng Lipunang Pilipino
16	Norma M. Baydon	Bado Dangwa NHS	Effective Communication
17	Angel Kate S. Nagayang	Bado Dangwa NHS	Mabisang Komunikasyon
18	Verlyn Y. Tawagon	Bado Dangwa NHS	General Mathematics
19	Jessiebel M. Balcanao	Bado Dangwa NHS	General Science
20	Freddie A. Daria	Bado Dangwa NHS	Life & Career Skills
21	Renaida C. Duguang	Bado Dangwa NHS	Pag-aaral ng Kasaysayan ng Lipunang Pilipino
22	Leah D. Dawagan	Balawag NHS	Effective Communication Mabisang Komunikasyon
23	Maria Cecilia Peregrina	Balawag NHS	General Mathematics
24	Lilibeth D. Angalao	Balawag NHS	General Science
25	Mara A. Ganotisi	Balawag NHS	Life & Career Skills
26	Rona L. Mayocyoc	Balawag NHS	Pag-aaral ng Kasaysayan ng Lipunang Pilipino
27	Angelica B. Adora	Bulo NHS	Effective Communication Mabisang Komunikasyon
28	Esrom B. Magannon	Bulo NHS	General Mathematics
29	Rebecca D. Eng- op	Bulo NHS	General Science Life & Career Skills
	Delight Claire S. Dilag	Bulo NHS	Pag-aaral ng Kasaysayan ng Lipunang Pilipino



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30	Clarice Beljica	Cudal NHS	Effective Communication Mabisang Komunikasyon
31	Digie B. Almeda	Cudal NHS	General Mathematics General Science
32	Ruth M. Pascual	Cudal NHS	Life & Career Skills
33	Christina B. Compas	Cudal NHS	Pag-aaral ng Kasaysayan ng Lipunang Pilipino
34	Salvador Caldingon	Dilag IS	Effective Communication
35	Glenda Mae B. Labrador	Dilag IS	Mabisang Komunikasyon
36	Vieberly Mae O. Bitaga	Dilag IS	General Mathematics
37	Floresca B. Dugao	Dilag IS	General Science
38	Aiza B. Bog-acon	Dilag IS	Life & Career Skills
39	Rozel B. Pentecostes	Dilag IS	Pag-aaral ng Kasaysayan ng Lipunang Pilipino
40	Labeth Bautista	KNHS	Effective Communication
41	Angeline Angbao	KNHS	Effective Communication
42	Junita Tabanganay	KNHS	Effective Communication
43	Jenalyn Caddawen	KNHS	Mabisang Komunikasyon
44	Jaime Banting	KNHS	General Mathematics
45	Solomon Naganag	KNHS	General Mathematics
46	Bridgette Agpad	KNHS	General Science
47	Janice Morgia	KNHS	General Science
48	Florence Ayyang	KNHS	General Science
48	Vanezza Aliga	KNHS	Life & Career Skills
49	Esbert Baluga	KNHS	Life & Career Skills
50	Rogelyn Laguinday	KNHS	Life & Career Skills
51	Ryan Espanto	KNHS	Life & Career Skills
52	Michelle Liclic	KNHS	Life & Career Skills
53	Jethro Ivan Langkit	KNHS	Pag-aaral ng Kasaysayan ng Lipunang Pilipino
54	Jordan Arce	KNHS	Pag-aaral ng Kasaysayan ng Lipunang Pilipino
55	Annie Angiwot	NAINHS	Effective Communication Mabisang Komunikasyon
56	Cindy Dayag	NAINHS	General Mathematics
57	Merlee O. Pacsay	NAINHS	General Science
58	Leslie Mark Dacio	NAINHS	Life & Career Skills
59	Faralyn N. Gannisi	NAINHS	Pag-aaral ng Kasaysayan ng Lipunang Pilipino
60	Beverly Dumayag	New Tanglag NHS	Effective Communication
61	Jamaica Kadchao	New Tanglag NHS	Mabisang Komunikasyon
62	Harold Dulawen	New Tanglag NHS	General Mathematics
63	Jennifer Belgado	New Tanglag NHS	General Science
64	Jeddy Caddawen	New Tanglag NHS	Life & Career Skills
65	Genevieve Basitao	New Tanglag NHS	Pag-aaral ng Kasaysayan



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			ng Lipunang Pilipino
66	Gemmalyn D. Bangayan	Tuga NHS	Mabisang Komunikasyon
67	Ligaya B. Basitan	Tuga NHS	General Mathematics
68	Airene Fernandez	Tuga NHS	General Science
69	Richard Membrot	Tuga NHS	Pag-aaral ng Kasaysayan ng Lipunang Pilipino
70	Rizza Mae Gazingan	Tabuk City NHS	Effective Communication
71	Kimberly Dulawen	Tabuk City NHS	Effective Communication
72	Dea Grace Choycawen	Tabuk City NHS	Effective Communication
73	Michell Ann Balunggay	Tabuk City NHS	Mabisang Komunikasyon
74	Maeden Dabo	Tabuk City NHS	Mabisang Komunikasyon
75	Sharon Agga	Tabuk City NHS	Mabisang Komunikasyon
76	Tyrel Mennao	Tabuk City NHS	General Mathematics
77	Karen Paga	Tabuk City NHS	General Mathematics
78	Sonia Lacbawan	Tabuk City NHS	General Mathematics
79	Ezperanza Mukay	Tabuk City NHS	General Mathematics
80	Paz Castro	Tabuk City NHS	General Science
81	Libertad Haboc	Tabuk City NHS	General Science
82	Margaret Villaluz	Tabuk City NHS	General Science
83	Roslin Daowan	Tabuk City NHS	Life & Career Skills
84	Marilyn Mangatam	Tabuk City NHS	Life & Career Skills
85	Glendalyn Agunos	Tabuk City NHS	Life & Career Skills
86	Vincent Valenzuela	Tabuk City NHS	Pag-aaral ng Kasaysayan ng Lipunang Pilipino
87	Jeneline Omeccas	Tabuk City NHS	Pag-aaral ng Kasaysayan ng Lipunang Pilipino
88	Sharon Maggay	Tabuk City NHS	Pag-aaral ng Kasaysayan ng Lipunang Pilipino
89	Ma. Christina Kub-ao	Tabuk City NHS	Pag-aaral ng Kasaysayan ng Lipunang Pilipino
90	Israelski Balagso	Tabuk City NHS	Pag-aaral ng Kasaysayan ng Lipunang Pilipino
91	Jinky Apil	Tabuk City NHS	Pag-aaral ng Kasaysayan ng Lipunang Pilipino

B. TRAINING MANAGEMENT TEAM

PROGRAM MANAGEMENT TEAM	NAME	Learning Area
Program Manager	92. Emmanuel Ubuan	
	93. Cresencia Na-oy	
Learning Manager	94. Shamgar Candelario	
Resource Speakers	95. Racquel Abella	Effective Communication
	96. Hazel Margaret Rivera	Effective Communication
	97. Jorgina Blancad	Mabisang Komunikasyon
	98. Jennifer Dao-as	Mabisang Komunikasyon



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	99. Melissa Gatan	General Mathematics
	100. Jul-ann Agaid	General Mathematics
	101. Jhonalyn Salida	General Mathematics
	102. Dominic Payyac	General Mathematics
	103. Cherry Shane Wayaway	General Science
	104. Pricilla Mani-ag	General Science
	105. Faith Torres	General Science
	106. Sheryl Amangan	Life and Career Skills
	107. Eleonor Espita	Life and Career Skills
	108. Lenny Dolnagon	Life and Career Skills
	109. Mary Joyce Garmin	Pag-aaral ng Kasaysayan ng Lipunang Pilipino
	110. Benny Bula-ay	Pag-aaral ng Kasaysayan ng Lipunang Pilipino
Monitoring and Evaluation Coordinator	111. Vincent Martinez	
Documenter	112. Jay-ar Balahoy	
Logistic Officer	113. James Dayao	
Finance Officer	114. Welda Buslig	
	115. Sixto Lang-ay	
Health Officer	116. Nurse	
Inspectorate	117. Inspectorate member	



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Enclosure No. 2 to DM # 391 s. 2026

TRAINING MATRIX

Date and Time	Session Title	Learning Facilitator
DAY 1: F2F		
7:30 -8:00	Registration and Preparation	PMT
8:01- 8:30	Preliminaries/Opening Program	PMT
8:31- 8:50	Pre-test	PMT
8:51- 9:40	Session 1 (Plenary): Features of SSHS and Instructional Design Framework	Dominic Payyac
9:41-10:00	Health Break	
10:01-12:00	Session 2 (Breakout) : Exploring the (Core Subject) Curriculum Part 1	Effective Communication (EC) – Hazel A. Rivera Mabisang Komunikasyon (MK) - Jhen Dao-as General Mathematics (GM)- Melissa Gatan General Sci (GS)- Shiela Mani-ag Life and Career Skills (LCS) – Sheryl Amangan Pag-aaral ng Kasaysayan ng Lipunang Pilipino (PKLP) - Mary Joyce Garming
12:01-1:00	Lunch Break	
1:01-2:30	Session 2 Continuation	
2:31-5:00	Session 3: Exploring the (Core Subject) Curriculum Part 2	EC- Racquel S. Abella MK- Jhen Dao-as GM- Jhonalyn Salida GS- Cresencia Na-oy LCS- Sheryl Amangan PKLP- Mary Joyce A. Garming
5:00-5:15	PMT Debriefing	
DAY 2: Virtual		
8:00 – 8:15	MOL	
8:15 – 9:45	Session 3 Continuation	
9:46-10:00	Health Break	
10:00 – 12:00	Session 4: Exploring the (Core Subject) Curriculum Part 3	EC- Hazel A. Rivera MK- Jhen Dao-as GM- Jul-ann Agaid GS- Cherry Shanne Wayaway LCS- Eleonor Espita PKLP- Benny Bula-ay
12:00 – 1:00	Lunch Break	



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1:00 – 2:30	Session 4 Continuation	
2:30 – 5:00	Session 5: Exploring the (Core Subject) Curriculum Part 4	EC- Racquel S. Abella MK- Jorgina Blancad GM- Melissa Gatan GS- Faith Torres LCS- Eleonor Espita PKLP- Benny Bula-ay
DAY 3: Virtual		
8:00 – 8:15	MOL	
8:15 – 9:45	Session 5 Continuation	
9:46- 10:00	Health Break	
10:00 – 12:00	Session 6: Choosing Appropriate Strategies	EC- Hazel A. Rivera MK- Jorgina Blancad GM- Jhonalyn Salida GS- Shiela Mani-ag LCS- Lenny D. Dolnagon PKLP- Mary Joyce Garming
12:00 – 1:00	Lunch Break	
1:00 – 4:00	Session 7: Assessing Learning and Lesson Planning	EC- Hazel & Racquel MK- Jorgina Blancad GM- Jhonalyn Salida GS- Faith and Cherry Shanne LCS- Lenny D. Dolnagon PKLP- Mary Joyce & Benny
4:00- 5:00	Post-test Closing Program	PMT



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