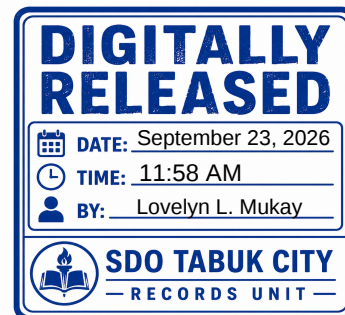




Republic of the Philippines
Department of Education
Cordillera Administrative Region
Schools Division of Tabuk City



Reference No.: RU-2026-035

Office of the Schools Division Superintendent

22 September 2026

DIVISION MEMORANDUM

No. 421, s. 2026

CONDUCT OF CAPABILITY BUILDING FOR MAPEH TEACHERS

TO: Public Schools District Supervisors
All Elementary and Secondary School Heads
All Others Concerned

1. Pursuant to **DepEd Order No. 010, s. 2024**, entitled *Policy Guidelines on the Implementation of the MATATAG Curriculum*, and consistent with the current implementation of the Revised K to 10 Curriculum for Grades 6, 9, and 10, the Schools Division Office of Tabuk City, through the Curriculum Implementation Division (CID), in partnership with the Human Resource Training and Development (HRTD) of the School Governance and Operations Division (SGOD), shall conduct a **three-day Capability Building for MAPEH Teachers** on September 26-27, 2026 and October 3, 2026, at the Division Office Conference Hall (Kagitingan Hall).
2. The activity is intended to strengthen teachers' understanding and implementation of the Revised K to 10 Curriculum in MAPEH. It will focus on deepening content knowledge, unpacking learning competencies, identifying appropriate teaching approaches and strategies, developing contextualized and localized instructional materials, and aligning classroom assessment with the intended learning objectives.
3. Specifically, the activity aims for the participants to:
 - a. deepen their understanding of the key features and content of the Revised K to 10 Curriculum for MAPEH;
 - b. unpack MAPEH learning competencies into appropriate learning objectives and corresponding content/topics.
 - c. identify appropriate pedagogical approaches, methods, strategies, techniques, learning activities, and local instructional materials suited to the identified learning objectives.
 - d. develop a consolidated **MAPEH Instructional Planning and Assessment Matrix** integrating learning competencies, learning objectives, content/topics, teaching-learning activities, instructional materials, and assessment tools.



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4. The participants in this capability-building activity are **Grade 6, Grade 9, and Grade 10 MAPEH teachers.**
5. Participants shall bring the following:
 - a. revised K to 10 Curriculum Guide for MAPEH and other relevant references.
 - b. laptop and extension cord.
6. The detailed program of activities and other pertinent information are contained in the attached enclosure.
7. Immediate dissemination of and compliance with this Memorandum are earnestly desired.


CHRISTOPHER C. BENIGNO PhD, EdD, CESO VI
Assistant Schools Division Superintendent
Officer-in-Charge
Office of the Schools Division Superintendent




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Enclosure no. 1

A. LIST OF PARTICIPANTS

NO.	NAME	SCHOOL
1	Jelyca B. Dulay	Kalinga NHS
2	Dhea A. Tolentino	Kalinga NHS
3	Etherliza G. Baguiyon	Kalinga NHS
4	Christal Angeli A. Martinez	Kalinga NHS
5	Rejoice O. Abaggoy	Agbanawag NHS
6	Cynthia O. Soliven	Agbanawag NHS
7	Rowena G. Codiyan	NAINHS
8	Lurice W. Gonzalo	Cudal NHS
9	Freya Joy Atheena S. Pugal	Cudal NHS
10	Levitico Alngag	Cudal NHS
11	Jason N. Pangibitan	Calaccad NHS
12	Rodencio E. Marzan	Calaccad NHS
13	Rheamel Bansig	Balawag NHS
14	Evangeline Linggayo	Balawag NHS
15	Kim Joe Marie C. Gurero	Bado Dangwa NHS
16	Giovanie A. Atalli	Bado Dangwa NHS
17	Quency Jay Adora	Bantay NHS
18	Arman N. Gaston	Nambucayan NHS
19	Glen D. Tongdo	Nambucayan NHS
20	Jason B. Banguiyac	Naneng NHS
21	Jonalyn A. Wayet	Naneng NHS
22	Norwin R. Camit	Dupag NHS
23	Lino Anthony C. Banatao	Balong NHS
24	Sharon P. Celis	Balong NHS
25	Jackilyn A. Dalusen	Balong NHS
26	Hana G. Cawilan	New Tanglag NHS
27	Felistina B. Pangsiw	New Tanglag NHS
28	Daphne L. Tangbawan	TCNHS
29	Ivy Lonez	TCNHS
30	Aisa Mangwag	TCNHS
31	Trisha Padcayan	TCNHS
32	Margie Castro	Appas IS
33	Raffy D. Liwan	Amlao IS
34	Bless Kate B. Pagtan	Amlao IS
35	Khaina Marallag	Dilag IS
36	Betty B. Sison	Lacnog IS
37	Elena N. Sarol	Laya IS
38	Lynstin F. Nasak	Toppan IS
39	Jacinta M. Guisoben	Maledda IS
40	Rendine Rex Vizcayno	IPIL IS



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41	Gleya A. Amla	Guilayon IS
42	Ace Chandryll G. Bumusao	San Pablo IS
43	Jovelyn langgag	Bulanao CS
44	Marygale Pengad	Bulanao CS
45	Adorafe M. Bangibang	Cudal CS
46	Vicky Lingbawan	Banneng ES
47	Michael C. Miller	Calaccad ES
48	Deborah Batugo	Bayabat ES
49	April Joy Fausto	Gradual Discovery ES
50	Sunshine S. Soco	Callagdao ES
51	Jinky liezle F. Odsina	San Julian ES
52	Anabel P. Marnag	Matucnang ES
53	Mayflor N. Dumayag	Tannubong ES
54	Sara Jane Gayudan	Nambaran ES
55	Jojie S. Pablo	BuloWest ES
56	Nelda P. Baggas	Bulo East ES
57	Beverly D. Bucao	Burubor ES
58	Marjorie G. Ottao	Agbannawag ES
59	Hazel Mae E. Lay-asan	Sotto ES
60	Eliza G. Gomgom-o	Malalao ES
61	Emilyn B. Basnic	Binongsay ES
62	Sabali Joy Atalli	Malin-awa ES
63	Marie Cris W. Wansi	Balawag CS
64	Sharon B. Calumnag	Amlao ES
65	Nestly Beth A. Bunagan	Paligatto
66	Ema Rose Sucliyao	Bado Dangwa ES
67	Jesica O. Betao	Bantay ES
68	Liezl Grace Taguibao	Pinagan ES
69	Charmain M. Gonayon	Magnao ES
70	Nemecris A. Galwagao	Nambucayan ES
71	Ansel L. Lunang	Pa-o ES
72	Genevieve R. Fulgencio	Lucog ES
73	Lotis Jennifer M. Distor	Calanan ES
74	Josephine R. Laderas	Tuliao ES
75	Jonalyn M. Atipen	Gobgob
76	Maydoll B. Banwa	Cabaritan ES
77	Jay A. Fernandez	Western Tabuk CS
78	Adelaida B. Bona	Masablang ES
79	Ma. Teresa Bejosa	Magsaysay ES
80	Roxanne Mae A. Sangdaan	Tabuk City CS
81	Maynard Bactad	Tabuk City CS



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82	Robie M. Pansel	Laya West ES
83	Darlene Mary L. Aquino	Balong ES
84	Hilda Clemencia	Burayukan ES
85	Aubrey A. Palmones	Toppan IS
86	Chierelle L. Lummao	Amlao IS
87	Geraldine A. Bayug	Lacnog IS
88	Ruby D. Abalin	San Pablo IS
89	Princel B. Gonayon	Guilayon IS
90	Laarni P. Reyes	Appas IS
91	Fernando G. Sabado	Dilag IS
92	Rendine Rex Viscayno	Ipil IS

B. TRAINING MANAGEMENT TEAM

PROGRAM MANAGEMENT TEAM		NAME	POSITION
93	Program Manager	Romel A. Alcanzarine	EPSvr
94	Resource Speaker	Vivian D. Domingo	MT-II
95		Jaime Cabalan	MT-I
96		Ronald Galano	T-VI
97		Lenneth A. Basingan	School Head
98		Elizabeth F. Guilay	School Head
99	M&E Coordinator	Vincent Martinez	SEPS
100	Documenter	Janice C. Madio	AO II
101	Learning Manager	Shamgar Candelario	SEPS
102	Welfare Officer	Shirly C. Sarmiento	Nurse II
103	Logistic	James Dayao	Supply Officer
104	Finance Officer	Welda P. Buslig	Budget Officer



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CAPABILITY BUILDING FOR MAPEH TEACHERS

Participants: Grade 6, 9, and 10 Teachers

Venue: SDO Conference Hall (Kagitingan Hall)

TIME	DAY 1 (September 26, 2026)	DAY2 (September 27, 2026)	DAY3 (October 03, 2026)
8:00-8:15	Registration and Attendance	Mangement of Learning	
8:15-8:45		Continuation of session 3	Continuation of session 5
8:45-9:00			
9:00-9:15	Pre-Test	HEALTH BREAK	
9:15-9:30	Health Break	Session 4 Workshop on unpacking competencies and strengthening Content Mastery in MAPEH Term 1, 2, and 3 Resource Speaker: <i>Ronald Galano Jr. T-VI</i> (Group 1-Secondary) <i>Elizabeth Guilay T-VI</i> (Group 2-Elementary) <i>Breakaway Session</i>	Session 6: Workshop on Effective Assessment Tools Used in MAPEH Resource Speaker: <i>Jaime Cabalan, MT-I</i> (Group 1-Secondary) <i>Elizabeth F. Guilay, T-VI/School Head</i> (Group 2-Elementary) <i>Breakaway Session</i>
9:30-10:00	Session 1 Deepening Content in MAPEH: Reframing MAPEH Instruction through the MATATAG Curriculum and the Instructional Design Framework (IDF) Resource Speaker: <i>Romel A. Alcanzarine EPSur</i>		
10:00-11:00			
11:00-12:00			
LUNCH BREAK			
12:00-1:00	Session 2: Unpacking Competencies Strengthening Content Mastery in Music, Arts, Physical Education, and Health Resource Speaker: <i>Vivian D. Domingo MT-2</i>	Session 5: Workshop on Identifying Effective Pedagogical Approaches, Strategies, and Activities Used in Teaching MAPEH, cum: identification of local Instructional Materials used in teaching MAPEH Resource Speaker <i>Elizabeth F. Guilay T-VI/School Head</i> (Group 2-Elementary) <i>Ronald Galano Jr. T6</i> (Group 1-Secondary) <i>Breakaway Session</i>	WAP-Appling the MAPEH Instructional and Planning Matrix Resource Speaker: <i>Lenneth Basingan T-VI/School Head</i>
1:00-2:00			
2:00-3:00			
3:00-3:30			
	Session 3 Effective Pedagogical Strategies in Teaching MAPEH Resource Speaker: <i>Lenneth B. Basingan T-VI/School Head</i>		
3:30-3:45			
3:45-4:00			
4:00-5:00			Post Test
			CLOSING PROGRAM